**Practice Pages by grade level:**

Pre-K- Kindergarten - <https://www.handwritingpractice.net/worksheets/>

* You type in what you want your child to write and it makes the pre-dotted lines for them

Pre-K- Fifth Grade- <https://www.education.com/worksheets/>

* They have writing, reading, science, social studies, math, fine arts, foreign language, typing, and social emotional lessons by grade level. Lots to keep the children busy.

Social Studies for Elementary School-

* <https://primarylearning.org/subject/social-studies/>(I signed up for the free membership- 3 downloads per week)

Science

* <https://study.com/learn/elementary-science-worksheets.html>

Math

* <https://www.mathalicious.com> – I love this website. Third grade- 12th grade. It does ask for a donation- but I think it’s worth making a donation. It’s high energy. They have teacher worksheets, videos etc.
* <https://www.k5learning.com/free-math-worksheets>

Philanthropy

* [www.freerice.com](http://www.freerice.com) – students answer questions about all sorts of subjects and they actually earn free rice for a third world country. They have all the way up to 12th grade chemistry questions. Actually, great for a brain break.

Reading

* <https://www.k12reader.com/reading-worksheets-by-main-subject/> (first grade- 8th grade)

Physical Education

* <https://www.weareteachers.com/virtual-pe-classes/> (these are online- if you don’t want to do online the next is printable cards)
* <https://www.funwithmama.com/yoga-cards-for-kids/>

Music

* <https://busyteacher.org/classroom_activities-vocabulary/music-worksheets/>

Art

* <https://www.crayolateachers.ca/art-worksheets/>

Spelling

* <https://www.homespellingwords.com/spelling-worksheets>

Science

* <https://www.greatschools.org/gk/worksheets/?category=science>

Gratitude

* Get a journal and have your child write or draw about something they are grateful for each day. Share gratitude at dinner. All the research says this will help with anxiety.

Other ideas:

* Routine Cards (can be printed off or watched on computer)
  + Sesame Street <http://autism.sesamestreet.org/daily-routine-cards/>
  + A ton of links on this page: <https://adayinourshoes.com/free-printable-visual-schedules-for-home-and-daily-routines/>
* Visual Schedule <https://www.andnextcomesl.com/2018/01/free-visual-schedule-printables.html>