



NANNY 'N ME

BABY SENSORY MOTOR DEVELOPMENT

SENSORY MOTOR DEVELOPMENT

We are looking at how your baby's sensory system and big muscle system work together for them to be able to interact with and learn about the world. If your child is between the age of 0 and 2 years old they are in the Sensorimotor stage. This means that they use their senses and movement to play and learn about the world.



HOW DO BIG MUSCLES AND SENSES WORK TOGETHER?

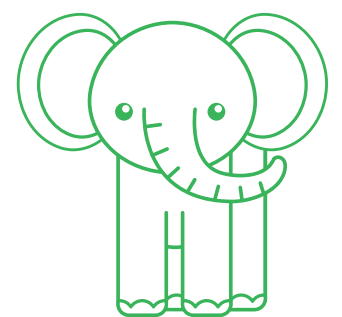
The sensory processing concept is made up of a process of 3 parts:

1. **Sensory input** (information coming from our senses) e.g. they see the rattle in front of them
2. **Processing** (the brain interprets this information) e.g. they like what they see and judge that it is close enough to pick up
3. **Motor response** e.g. the brain sends a message to the big muscles of the arm and the small muscles of the hand to reach for and pick up the toy



THEME FOR THE WEEK

Having a theme for the week allows your little one to start to learn concepts such as colour and language. By repeating similar songs, words and books your little one's learning will be stimulated. This week our theme is elephant.



SONG OF THE WEEK

*Down in the jungle where nobody goes
There's a great big elephant washing his toes
With a rub-a-dub here and a rub-a-dub there
That's the way he washes his toes!
(Refer to different body parts and point them out as you sing!)*



ACTIVITY IDEAS:

Using a blank picture of an elephant have some sensory fun making different textures for his skin. Try sticking on crumpled paper, tinfoil or a sensory mix of oats and cinnamon!

Make some elephant mud using sand and water or even porridge! Let your little one explore! Do it in different positions to get those big muscles working.

