MA2-L09-el-Bent-Flower-manual

Digital Scrapbooking Mastery, No. 2
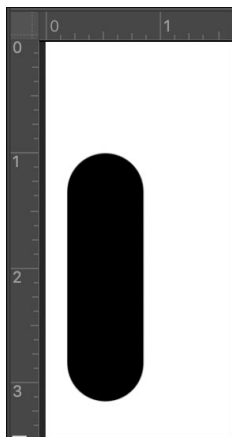**Lesson 9: Bent Paper Flower for Photoshop Elements**
Manual © 2019 Jen White

Got allergies? No worries! The sweet little bloom you'll be creating in lesson nine is not the kind to make you sneeze. This five petal flower uses five magical tools and lots of simple shortcuts to form a flower with a bend toward awesomeness.
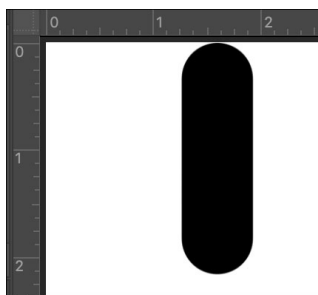
- Begin in Expert Mode of Photoshop Elements.
- Open the document (File > Open) you ended with in Lesson 8.
- In the Menu Bar, choose View and place a checkmark next to Rulers to turn them on.
- In the Layers panel, click on the Visibility icon of all existing groups to hide them.
- Click on the top group to active it.
- Press the letter D to reset the Color Chips to the default of black over white.
- In the Menu Bar, chose View > Snap To and place a checkmark next to Layers and Document Bounds.
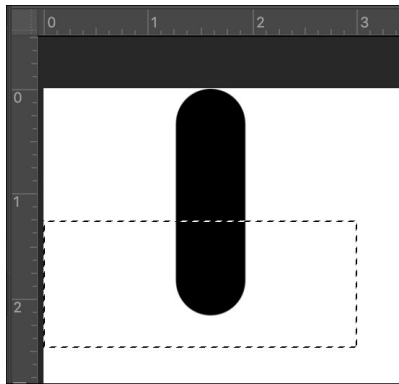
Create a Flower Petal

- In the Layers panel, click on the Create a New Layer icon.
- Double click directly on the name of the new layer and rename it Flower Template.
- Get the Brush tool.
- In the Tool Options, open the Brush Picker and choose a Hard Round brush from the Default Brushes. Set the Size to 200 px, the Opacity to 100%, and the Mode to Normal. Open the Brush Settings. Set the Fade, Hue Jitter, and Scatter to 0. Set the Spacing to 5%. Set the Hardness and Roundness to 100.
- On the document, hold down the Shift key and click and drag out a line approximately 2 inches long.
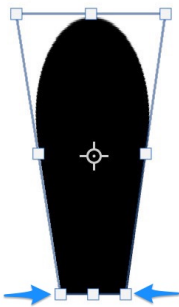

- Get the Move tool.
- On the document, click and drag the line up so it's resting against the top of the document.

- Get the Rectangular Marquee tool.
- In the Tool Options, click on the New Selection icon. Set the Feather to 0 and the Aspect to Normal.
- On the document, click and drag a selection outline from the 1.25 inch mark down until the bottom of the line is selected.

- Press the Backspace key (Mac: Delete key) to remove the selected area.
- Press Ctrl D (Mac: Cmd D) to deselect.
- Get the Move tool. In the Tool Options, Auto Select Layer should be unchecked.
- On the document, click and drag the cut line near the center of the document.
- Press Ctrl + (Mac: Cmd +) three times to zoom in.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- On the document, hold down the Ctrl key (Mac: Cmd key) and click and drag inward approximately 9° on each of the bottom corner handles of the bounding box. Click the checkmark to commit.
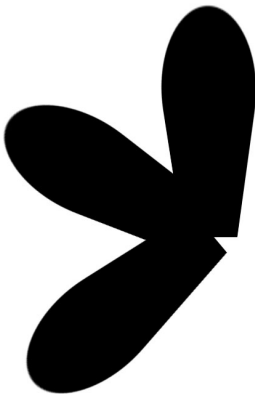

Assemble the Flower

- Press Ctrl J (Mac: Cmd J) to duplicate the petal.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- On the document, hold down the Alt key (Mac: Opt key) and click and drag the Reference Point to the middle of the bottom edge of the pedal.
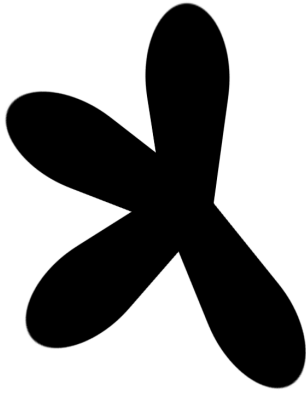- In the Tool Options, set the Angle to -60 and click the checkmark to commit.

- Press Ctrl J (Mac: Cmd J) to duplicate the petal.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- On the document, hold down the Alt key (Mac: Opt key) and click and drag the Reference Point to the middle of the bottom edge of the pedal.
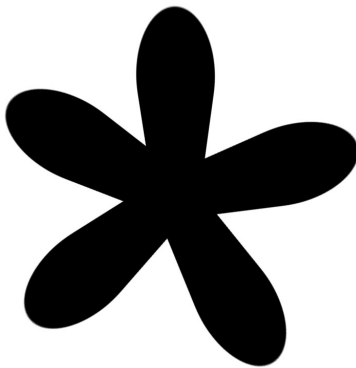- In the Tool Options, set the Angle to -70 and click the checkmark to commit.

- Press Ctrl J (Mac: Cmd J) to duplicate the petal.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- On the document, hold down the Alt key (Mac: Opt key) and click and drag the Reference Point to the middle of the bottom edge of the pedal.
- In the Tool Options, set the Angle to -80 and click the checkmark to commit.

- Press Ctrl J (Mac: Cmd J) to duplicate the petal.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- On the document, hold down the Alt key (Mac: Opt key) and click and drag the Reference Point to (or in close proximity of) the middle of the bottom edge of the pedal.
- In the Tool Options, set the Angle to -75 and click the checkmark to commit.
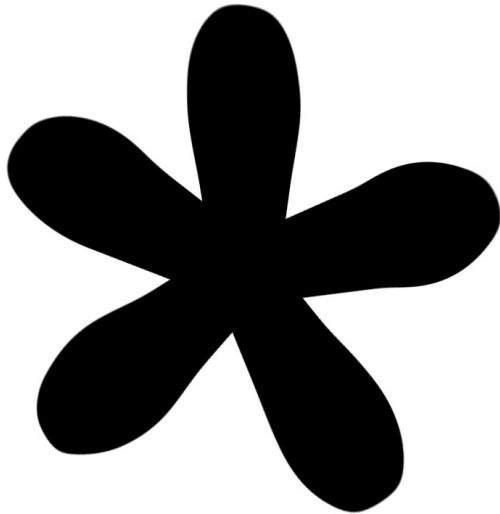

- In the Layers panel, hold down the Shift key and click on the bottom petal layer. Now all five petals should be active.
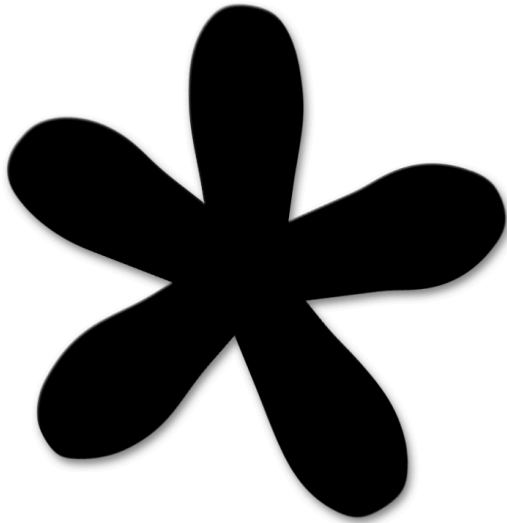- In the Menu Bar, choose Layer > Merge Layers.

Vary the Petals

- In the Menu Bar, choose Filter > Distort > Liquify.
- In the dialog box, press the + icon to zoom into the flower. To reposition the zoom, hold down the Space bar and click and drag in the preview window.
- Get the Bloat tool. Set the Size to 225. Press down the mouse button inside the end of one of the petals until it bloats wider.

- Repeat bloating the other petals, but making them each a little different.
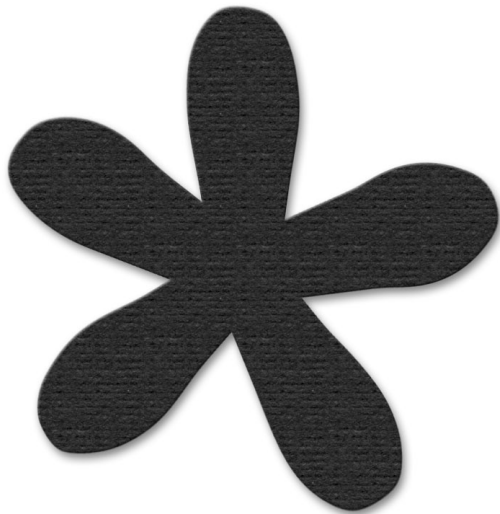- Click OK to commit the changes.

Add a Layer Style to the Flower

- In the Menu Bar, choose Layer > Layer Style > Style Settings.
- In the dialog box, set the Lighting Angle to 120. Click on Drop Shadow. Set the Size to 13, the Distance to 8, and the Opacity to 50.
- Click to check Bevel. Set the Size to 2 and the Direction to Up. Click OK.
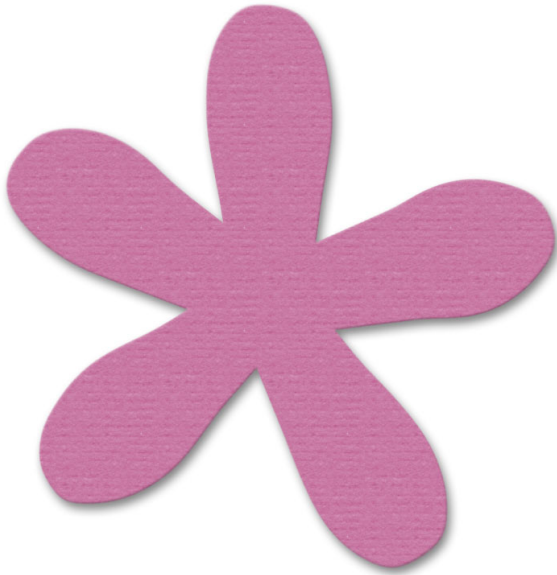
Texture the Flower

- In the Layers panel, click on the Add New Fill or Adjustment Layer icon and choose Pattern.
- In the dialog box, open the Pattern Picker, open the dropdown menu, and choose Grayscale Paper. Click Don't Save to replace the patterns. Choose the Black Weave pattern and click OK.
- In the Menu Bar, choose Layer > Create Clipping Mask.
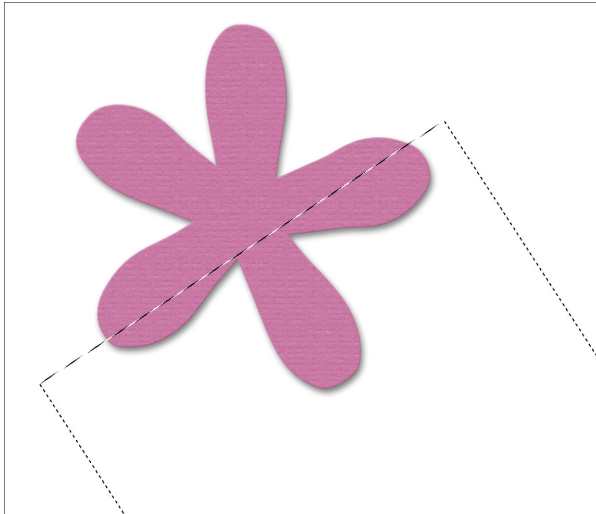
Color the Flower

- In the Layers panel, click on the Add New Fill or Adjustment Layer icon and choose Solid Color.
- Choose a color from the Color Picker or click on a color swatch in the Color Swatches panel. Click OK to close the Color Picker.
- In the Menu Bar, choose Layer > Create Clipping Mask.
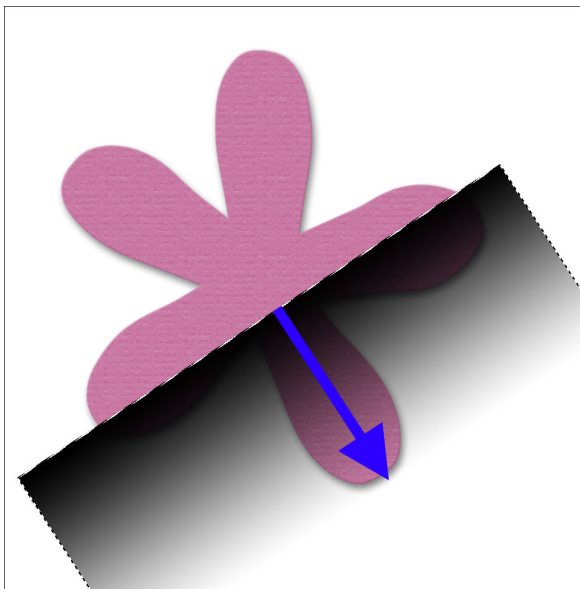- In the Layers panel, set the Blend Mode to Screen.

Add a Bend

- In the Layers panel, click on the Create a New Layer icon.
- Double click directly on the name of the new layer and rename it Bend.
- Get the Rectangular Marquee tool.
- In the Tool Options, click on the New Selection icon. Set the Feather to 3 and the Aspect to Normal.
- On the document, click and drag a selection outline larger than the flower.
- In the Menu Bar, choose Select > Transform Selection.
- In the Tool Options, set the Angle to -33.
- On the document, click and drag inside the bounding box to reposition it to include the bottom-right portion of the flower as shown. Click the checkmark to commit.

- Get the Gradient tool.
- In the Tool Options, open the Gradient Picker and choose Foreground to Transparent. If you don't see Foreground to Transparent, open the flyout menu and chose Large List. If you still don't see Foreground to Transparent, open the dropdown menu and choose Default.
- Set the Mode to Normal and the Opacity to 100%. Uncheck Reverse, but check both Transparency and Dither. Click on the Linear Gradient icon.
- On the document, click and drag a perpendicular line from the top edge of the selection outline to the end of the flower petal.

- Press Ctrl D (Mac: Cmd D) to deselect.
- In the Menu Bar, choose Layer > Create Clipping Mask.
- In the Layers panel, set the Blend Mode to Overlay.
- Lower the Opacity to 25%.

- In the Layers panel, click on the Create a New Layer icon.
- Double click directly on the name of the new layer and rename it Crease.
- Press the letter X to switch the Color Chips. White should now be the Foreground Color Chip.
- Get the Brush tool.
- In the Tool Options, open the Brush Picker and choose a Soft Round brush from the Default Brushes. Set the Size to 9, the Opacity to 100, and the Mode to Normal.
- On the document, click once at the left side of the bend line. Then holding down the Shift key, click once at the right side of the bend line.

- In the Menu Bar, choose Layer > Create Clipping Mask.
- Get the Move tool.
- On the document, click and drag the white line so it snaps to the top of the darker gradient. Make sure the line continues to cover the entire width of the flower. Use your keyboard Arrow keys if necessary.
- In the Layers panel, set the Opacity to approximately 5%.

Create a Group

- In the Layers panel, click on the Crease layer to make it active.

- Hold down the Shift key and click on the Flower Template layer. Now all the layers that make up the flower should be active.
- Click on the Create a New Group icon.
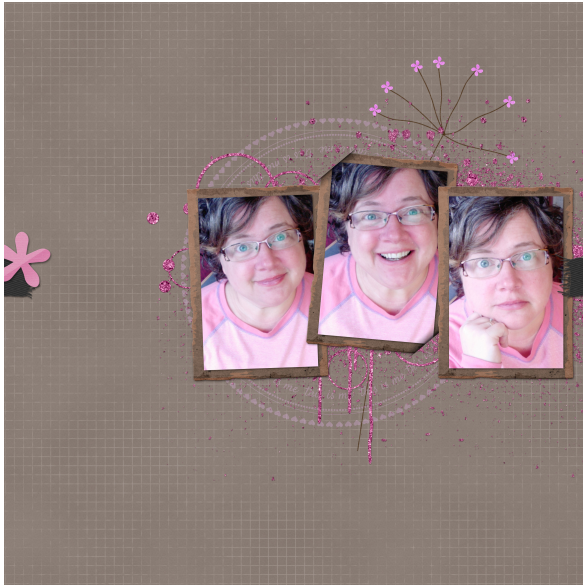- Double click directly on the name of the new group and rename it Bent Paper Flower.

NOTE: The success of this Bent Paper Flower lies heavily on a good custom shadow to make it look more realistic. So make sure to follow the custom shadowing video for this lesson before calling your scrapbook page finished. Here's what the flower looks like after adding custom shadowing.

NOTE: I recommend following the Archiving instructions for this lesson before resizing the flower to add to your Mastery 2 scrapbook page.

Add the Flower to the Mastery 2 Scrapbook Page

- In the Layers panel, click on the Visibility icon of the hidden groups to reveal them.
- The Bent Paper Flower group should still be the active group.
- Press Ctrl T (Mac: Cmd T) to get the Transform options.
- In the Tool Options, set the Width to 50% and click the checkmark to commit.
- Get the Move tool.
- Click and drag the flower over to the left side of the page overtop the frayed ribbon.

Save the Document

- Save the document (File > Save).

Archiving This Lesson

- To archive this lesson for later use on another digital project, watch the coordinating lesson in the Archiving & Using section of this class.

Altering This Lesson

- To see tips and tricks for altering this lesson, watch the coordinating lesson in the Alterations section of this class.

Custom Shadowing

- To see tips for custom shadowing this lesson, watch the coordinating lesson in the Custom Shadowing section of this class after completing your entire scrapbook page.