## Using Technology in Meaningful and Educational Ways



Leah McDermott Challenge Director

The 10-Day e-course Challenge

## Welcome to Day 10!

Well, this is it! The final lesson. I have had a great time putting this course together for you, and I hope you were able to get a ton of value and information from the material!

SUM IT UP!

On our final day, I want to recap everything that we've discussed in the ten day course, and give you the most important pieces of information you can walk away with:

\* Set appropriate boundaries. With the cooperation of the entire family, set boundaries and "tech free" zones to avoid over saturation of use and to maintain connections with those most important to us!

\* Use smart resources! We spent several days sharing my favorite resources for each of the major subject areas of learning. I highly recommend making folders in your browser for each of these topic areas to add your favorites from my list, from the Facebook group, and others you find along your journey.

\* Teach internet safety. Your child is never too young to begin learning about the potential hazards of connecting online. As soon as your child has internet access, even under your supervision, help them understand (on their level of course) how to make smart decisions to keep themselves and others safe. \* Incorporate non-technological free play. Remember that children can build tech skills without having to interact with screens! Loose parts play, nature exploration, tools, etc. are all excellent ways to incorporate STEM skills without using computers or tablets.

## YOUR ASSIGNMENT

For your final assignment, revisit what we talked about in the first few days of our course where we discussed boundaries and family rules regarding technology. How have you implemented these in your home? Has it changed the way your family interacts with one another? Are there any other changes you'd like to make? Head on over to the Facebook group after you've pondered the changes this course has helped you to make, and share with us what is different and new, and what you still plan to change for the future.

<3 Leah