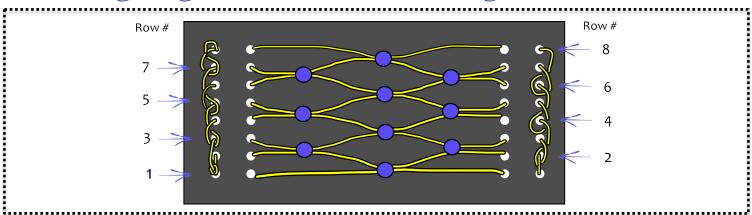


CREATE ARTFUL JOURNALS:

Binding Instruction Guide

Stitching Diagram: Bead Linked Binding



Bead Linked Binding Instructions

ROW	# of New Beads	Instructions
1	1	Add bead
2	2	Add bead, link through 1 bead (row 1), add bead
3	1	Link through bead (row 2R), add bead, link through bead (row 2L)
4	2	Add bead, link through bead (row 3), add bead
5	1	Link through bead (row 4R), add bead, link through bead (row 4L)
6	2	Add bead, link through bead (row 5), add bead
7	1	Link through bead (row 6R), add bead, link through bead (row 6L)
8	0	Link through bead (row 7)

NOTE: Diagram at top shows kettle stitch on either end of bead linked stitch, although this stitch may be combined with a variety of other stitches. Instructions above describe only the center area stitches (the "bead linked" stitches) after needle exits the signature, and before it re-enters the next station.