

## 5 Foundations

The first teachings about Christ that lead on to maturity

### PARTICIPANT WORKBOOK

Session 1 - Repentance

	ne first four steps which God demands of us in the Gospel:  To
2)	Put our in Jesus Christ
	Be in water
	Receive the
Re	epentance is not
	"Let those who play at repentance remember that they who repent in mimicry shall go to hell in reality." - Charles Spurgeon
	"Now after John was put in prison, Jesus came to Galilee, preaching the gospel of the kingdom of God, and saying, 'The time is fulfilled, and the kingdom of God is a hand. Repent, and believe in the gospel.'" (Mar 1:14-15)
	"Repent therefore and be converted, that your sins may be blotted out, so that time of refreshing may come from the presence of the Lord," (Act 3:19)
	"God commands all men everywhere to repent" (Acts 17:30)
Jes	sus cannot save the righteous.
	"The Lord is not willing that any should perish but that all should come to repentance," (2 Pet 3:9).
	"The GOODNESS of God leads you to repentance." (Rom 2:4)
	"There is joy in the presence of the angels of God over one sinner who repents." (Luke 15:10)
	"I did not come to call the righteous, but sinners, to repentance." (Mark 2:17)
	"Repentance and remission of sins should be preached in His name to all nations" (Luke 24:47)

Three facets	of Biblical	repentance.
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1. A deeply felt for sin.	
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- 2. An active \_\_\_\_\_ away from sinful conduct.
- 3. Turning toward \_\_\_\_\_, admitting to Him that it is against Him, our Creator and Judge, that we have sinned.

#### Repentance involves a deeply felt regret for sin.

"Mark well those tears. Those were no tears of sentimental emotion, but a rain of holy heart-sorrow for sin! She had been a sinner and she knew it; She remembered, well, her multitude of iniquities, and she felt each sin deserved a tear—and there she stood weeping herself away because she had offended her dear Lord!" - Charles Spurgeon (commenting on the sinful woman in Luke 7)

"The reality of our sins is acknowledged when specific confession is made (I have done this ... and this ... and this!). Of course, such self-disclosure involves the swallowing of pride; to admit one has been in the wrong is never easy." - David Pawson

"Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank You that I am not like other men—extortioners, unjust, adulterers, or even as this tax collector. I fast twice a week; I give tithes of all that I possess.' And the tax collector, standing afar off, would not so much as raise his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, and he who humbles himself will be exalted." (Luk 18:10-14)

"Were Jesus Christ only to accept us according to our works, our works would damn us, for we cannot so much as put up a prayer but it is far from that perfection which the moral law requires. I do not know what you may think, but I can say that I cannot pray without sinning -- I cannot preach to you or any others without sinning -- I can do nothing without sin; and, as someone expressed it, my repentance needs to be repented of, and my tears to be washed in the precious blood of my dear Redeemer. Our best duties are a display of splendid sins. Before you can speak peace in your heart, you must not only be made sick of your original and actual sin, but you must be made sick of your righteousness, of all your duties and performances. There must be a deep conviction before you can be brought out of your self-righteousness; it is the last idol taken out of our heart. The pride of our heart will not let us submit to the righteousness of Jesus Christ. But if you never felt that you had NO righteousness of your own, if you never felt the deficiency of your own righteousness, you cannot come to *Jesus Christ."* - George Whitefield

#### Repentance means turning away from sin.

"Repent, turn away from your idols, and turn your faces away from all your abominations." (Eze 14:6)

Repentance means "\_\_\_\_\_\_" from all our idols, "turning our faces away" from all that is sinful in our lives.

"Good Teacher, what shall I do to inherit eternal life? So Jesus said to him, "Why do you call Me good? No one is good but One, that is, God. You know the commandments: 'DO NOT COMMIT ADULTERY,' 'DO NOT MURDER,' 'DO NOT STEAL,' 'DO NOT BEAR FALSE WITNESS,' 'HONOR YOUR FATHER AND YOUR MOTHER.' " And he said, "All these things I have kept from my youth." So when Jesus heard this, He said to him, "You still lack one thing. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me." But when he heard this, the young man became very sorrowful, for he was very rich." (Luke 18:18-23)

"You brood of vipers! Who warned you to flee from the wrath which is coming? Therefore bear fruits worthy of repentance" ..... So the people asked him, saying, "What shall we do then?" He answered and said to them, "Whoever has two tunics, let him give to him who has none; and whoever has food, let him do likewise." Then tax collectors also came to be baptized, and said to him, "Teacher, what shall we do?" And he said to them, "Collect no more than what is appointed for you." (Luke 3:7-13)

"Zacchaeus stood and said to the Lord, "Look, Lord, I give half of my goods to the poor; and if I have taken anything from anyone by false accusation, I restore fourfold." And Jesus said to him, "Today salvation has come to this house..." Luk 19:8-10

Making restitution is not about _	God's forgiveness, it's about bearing
worthy of repentance.	

"Therefore, King Agrippa, I was not disobedient to the heavenly vision, but declared first to those in Damascus and in Jerusalem, and throughout all the region of Judea, and then to the Gentiles, that they should repent, turn to God, and do works that demonstrate repentance." (Acts 26:19-20)

#### Repentance means turning to God.

Sin is against	personally
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"Against you, you only, have I sinned and done what is evil in your sight." (Psalm 51:4)

Repentance is not a self-help program for personal reform. It is not a commitment to be a better person in the future, in our own strength. Repentance is primarily turning back to God, wanting forgiveness from Him. Repentance is admitting that it is GOD we will face in judgement after death, that it is GOD who must forgive us, and that it is GOD we need to help us.

"I will arise and go to my father!" (Luke 15:18)
God is good! He is ready to
FOR PERSONAL REFLECTION
What might the Lord require you to stop and turn away from? What sinful things are you involved in? What things are you currently doing that you know the Lord disapproves of?

# Group Discussion Questions

What struck you in this session? What thoughts do you have?
If repentance truly is central to the gospel message, and is therefore part of the "good news," why do you think we find it difficult to preach and speak about?