

Scope of Practice for FEMM Teachers

Provide health and fertility education: basic anatomy, physiology, ovulation as a sign of health, cycle variations, and understanding and managing fertility.

Provide FEMM Education Sessions: Intro, FEMM & Your Health, FEMM Expert & FEMM Family Planning, and any necessary follow-up or consultations.

FEMM Teachers provide education only and are not responsible for the health and family planning decisions of their clients.

FEMM Teachers are equipped and expected to:

- Interpret the client's chart with regard to cycle events based on observation of biomarkers: cervical mucus, bleeding, and LH surge.
- Identify chart patterns of typical cycles across the reproductive continuum.
- Identify abnormal cycle characteristics, which may indicate health issues, and know when to refer for Medical Management.
- Recognize factors that may interfere with the observation, charting, or interpretation of a client's biomarkers.
- Provide client with information to enable informed consent & decision-making in healthcare and family planning.
- Provide education that is science and evidence based, and respectful of the client's autonomy.
- Safeguard, and keep confidential, client health information.