Jin Shin Jyutsu[®] Special Eye Flow

From Sodaki Kato for cataracts, glaucoma, and other eye projects

Prepared by Gloria Ginn. For certain people, Jin Shin Jyutsu gives immediate improvement to the vision. That's because it removes blocks in the energy pathways which were caused by mental strains. When these blocks are gone, the strain leaves too.

STEP	LEFT HAND	RIGHT HAND	
I	Left side middle & base of neck (SELs 11 & 12)	Left forehead	
2	Left side: Press the hard granule, like a rice grain, in the dent between the left jaw and front of ear. Keep your mouth open during this step. (Acupuncture SI 19,TE 21 or GB 2)	Left forehead (same as step 1)	
3	Press the dent in the center of left eyebrow bone very lightly, and wait until pulses come	Left forehead (same as step I)	
4	Left side middle & base of neck (JS II & I2) (Same as step I)	Left base of skull	
5	Reverse sides and repeat steps I through 4 on the right side		