

## 1. THE GALLBLADDER MERIDIAN

- 1.1 A number of hip problems may be gallbladder related, because the gallbladder meridian passes directly through the hip.
- 1.2 This is a small, muscular, pear shaped sac attached to the undersurface of the liver. Its function is to excrete bile for the digestion of food. The gallbladder reflex is on the sole of the right foot only, embedded within the liver reflex, beneath and between the third and fourth toes.

