

## *The Agreement*

Learning is enhanced when we feel **safe**. We only feel safe when we believe we are **heard**, without judgement. This is how **trust** is established. It is of utmost importance you attend and participate in this workshop in the spirit of **openness, honesty** and **integrity**. What is discussed by you or others remains in the workshop. You agree to keep **confidential** and not share any information shared by others. You also agree to **suspend judgement** and to remain in a space of **genuine curiosity**, in a place of **discernment**.

You also acknowledge that this workshop may be recorded, or videoed, either in part, or in its entirety. In the event it is, it is understood that your identity, including what you share, will be kept confidential and not made public.

I, \_\_\_\_\_ agree to the above agreement.

Workshop Name: \_\_\_\_\_

Date of Workshop: \_\_\_\_\_