

## Materials Watercolor Paper Plants: Meadow Buttercup (three stems)



### PAPER:

\_\_\_ **Arches 300 g/140 lb watercolor paper, fine grained, cold pressed.**

**One sheet A4, 8.27 x 11.69 in.**

This is the paper for stem, leaves, sepals and carpels. You can probably use similar cotton watercolor papers from other manufacturers. Arches paper is expensive, but you can use it for a wide range of projects. You can buy it in pads or as bigger loose sheets. Sold at most art supply stores, for example at [dickblick.com](https://dickblick.com) in the US or at [vanbeekart.nl](https://vanbeekart.nl) in the Netherlands.

\_\_\_ **Arches 185 g/90 lb watercolor paper, satin, or a similar paper.**

**One sheet. You just need a small piece of it, 4 x 20 cm/2 x 8 in.** In general it can be a little more difficult to get hold of thinner and smooth watercolor papers. You can really use any high quality art paper with a similar or lower weight, for example from a sketchbook. Check out what you've already got in your craft cabinet or look around in different stores. In the video I use Arches satin, but I'm also using a random drawing paper: Clairefontaine Design á Grain, 180 g/83 lb. [dickblick.com](https://dickblick.com) has a paper called Blick Watercolor Paper - 22 x 30 lb, White, Cold Press, Single Sheet, 90 lb., but it might be too patterned for petals. They sell a sketchbook called Talens Art Creations Sketchbooks that is 90 lb. and that one might work very well.

\_\_\_ **Hahnemühle Allegretto, watercolor paper 150 g/70 lb, or a similar paper.**

**One sheet. You just need 2 x 10 cm/1 x 4 in.**

For the stamens it is good to use an even thinner paper. There aren't many watercolor papers available that are this thin, so you can use any high quality paper. But do not use copy paper, that is too thin. Allegretto can be purchased at [vanbeekart.nl](https://www.vanbeekart.nl) and [silverpoint.co.uk](https://www.silverpoint.co.uk). It isn't a very pretty paper, but it works fine—if you can find it. Paper from an art sketchbook will work just as good. Maybe you can even use the same paper as for the petals. One option might be to use an ingress paper, like Hahnemühle Ingres Paper, sold in loose sheets at [dickblick.com](https://www.dickblick.com). Improvise!

## WATERCOLORS:

You can use any watercolor set or tubes. These are the ones I use in the video:

\_\_\_ **Windsor and Newton, permanent sap green**

\_\_\_ **Windsor and Newton, cadmium yellow (though a cadmium-free yellow is the better choice)**

\_\_\_ **Windsor and Newton, permanent alizarin crimson (any transparent deep red will do)**

\_\_\_ **Windsor and Newton, indanthrene blue (any blue will do)**

## TOOLS

\_\_\_ **Scissors.** In the video I use Westcot 10 cm/4 in, Kay 10 cm/4 in, and a normal pair of nail scissors. You can use a variety of scissors, but you need to have a pair with a pointy, sharp end. It might be good to have both paper and embroidery scissors.

\_\_\_ **A 3 euro/dollar watercolor brush.** Student quality, synthetic. Don't use an expensive or a favorite brush, since painting the edges of the paper wears it out quickly. In the video I use one called Angelo Toray, no. 6. You also need a brush for applying varnish.

\_\_\_ **Folding tools.** You need something round for the petals, like the smooth handle of a brush, and something a little pointier for the sepals, like the tip of a bone folder or something from the kitchen drawer or sewing box.

\_\_\_ **Toothpick** for applying glue.

\_\_\_ **Paper napkins or paper towels.**

GLUE and GLOSSY VARNISH:

\_\_\_ **Bookbinding glue (PVAc)**, or any PVA based glue. I use the dutch Collall bookbinding glue. For example the smallest bottle of Lineco Neutral pH Adhesive sold at [dickblick.com](http://dickblick.com) should be similar. I haven't tried it, but Elmers glue should work ok, and probably even Tacky glue. Wheat Starch adhesive might work if you want to avoid plastics, but in any case you only need very little glue.

\_\_\_ **Any acrylic gloss varnish** or another glossy medium you already have. Ideally it should be as glossy as possible, and possible to apply thinly. I don't use varnish on any other flower than the buttercup, and I use a cheap medium sold at Action (for those in the Benelux) called Van Bleiswijck. At [dickblick.com](http://dickblick.com) Jo Sonja's Polyurethane Varnish - Gloss, 2 oz bottle, is probably very similar to this. Utrecht Acrylic Medium - Gloss Gel Medium, 5 oz tube, is another option on their page (among many).