## What does a pod do?

- Have a clear idea of scope (what their role is)
- Maintain a systems perspective (an understanding of the bigger picture)
- Gather information in a trauma-informed way
- Practice confidentiality and anonymization
- Listen and provide trauma-informed emotional support
- Honestly participate in difficult conversations to encourage growth
- Help with apologies
- Provide resources
- Help with setting boundaries



## What should a pod never do?

- Allow the person harmed to (micro)manage the responsible person's life/growth/healing etc.
  - o Accountability abuse is a real risk
- Share private information outside of the pod
  - The only exception is if someone is in danger
- Antagonize people
- Victim blame or shame
- Pathologize
- Threaten to out anyone
- Start a new romantic or sexual relationship with someone involved in the incident or pod

