

Arm Knitting Cheat Chart

Sizes

Small Size (30" x 50" / 80 x 120 cm) – 5.5 lb / 2.5 kg – (100 meters / 109 yards)

Medium Size (40" x 60" / 100 x 150 cm) – 8.8 lb / 4 kg (160 meters / 174 yards)

Large Size (50" x 70" / 125 x 180 cm) – 11 lb / 5 kg (200 meters / 218 yards)

Extra Large Size (60" x 80" / 150 x 200 cm) – 15.4 lb / 7 kg (280 meters / 306 yards)

Stitches In Cast On

Small Size (30" x 50" / 80 x 120 cm) – 12 Stitches

Medium Size (40" x 60" / 100 x 150 cm) – 17 Stitches

Large Size (50" x 70" / 125 x 180 cm) – 20 Stitches

Extra Large Size (60" x 80" / 150 x 200 cm) – 24 Stitches

Please note: Everyone's arms are different sizes so this is not an exact chart, but it is a general guideline for you to use when calculating the size and stitches!

