

USPSTF Recommendations (updated 2025)

Most principles for transgender individuals follow cisgender screening guidelines

Screening for lipid disorders (at risk)

- Total < 200 mg/dL
- HDL > 40 mg/dL
- LDL < 100 mg/dL
- TAG < 150 mg/dL

♀ 40 yo - 74 yo:
Breast cancer
(every 1-2 years)

Colon cancer
45 yo
(till age 75)

PSA screening
55 yo

18 yo

35 yo

40 yo

(till age 75)

50 yo

65 yo

- BP \geq 140/90
- Depression (ages 12-18)
- STI Screening (HIV > 15 yo)
- DM Screening (>25 BMI)

Lipid
DM Screening

ASA prophylaxis
(till age 79 yo)

Lung CA \geq 20 pack-year
(till age 80)
(yearly)

AAA screening in smokers
(till age 75)
(one time)

♀ 21 yo - 65 yo:
Cervical cancer
(every 3-5 yrs)

< 24 yo sexually active: STI

Osteoporosis screen
< 65 yo with menopause +/- FRAX
(3-10 years)

