

# Session 1: Christianity is Relational

This document is for the Leader of this Grow Session. The following is a breakdown of all that this session will cover.

## ***This session at a glance:***

This session we will teach the importance of relating to God, verses just learning more facts about him. The benefits of a relationship with God flow from our connecting to him in an already present union. The goal is for people to think about what their connect time with God is like and for them to begin making a habit of connecting regularly with God.

Session 1: Schedule	Length	Total
<b>Open Up</b>	10mins	0:10
What excites you about this class? What is your reason for taking it?		
<b>Teaching Part 1: Christianity is relational -Putty</b>	8mins	0:18
<ul style="list-style-type: none"><li>• Our Christian walk is a relational walk, not just intellectual.</li><li>• Knowing things about God is good, but we experience the benefits as we connect with God.</li><li>• We want to learn to relate to God not just learning about God.</li></ul>		
<b>Talk About It</b>	15mins	0:33
What are you currently doing in your times that you connect with Jesus? How long have you been doing this? Are you satisfied?		
Why is connecting with Jesus important on a regular basis?		
<b>Teaching Part 2: Our Relationship with God -Di</b>	5mins	0:38
<ul style="list-style-type: none"><li>• We are already in Union with God, we aren't trying to establish a connection; we are connected.</li><li>• Holy Spirit, Habit and Heart are the keys to a deeper connections with God.</li></ul>		
<b>Talk About It</b>	15mins	0:53
Do you see yourself as someone who is already in union with God, or do you feel like you are trying to grow to that place?		
Which of the keys of Holy Spirit, Habit and Heart do you feel like you need to work on? Which do you feel you are established in?		
<b>Try it Out</b>	22mins	1:15
Pray for each person to be filled with the Holy Spirit		
Have 2-3 people lay hands on each person. Invite the Holy Spirit to come and ask Him to fill the person up.		
<b>Bring it Home</b>	5mins	1:20

Over the next week: Spend at least 10 minutes 4-5 times a week connecting with Jesus

Practice relating to God, being honest with him and connecting your heart to his. Don't worry about hearing him but take time to express your heart to him each day.

Take some notes about your experiences as you do it for next week.

