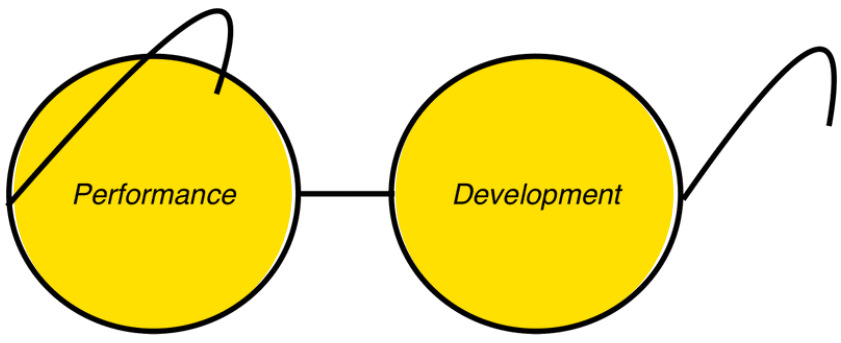
A VISUAL GUIDE TO

REIGNITING CLINICAL SUPERVISION

ACT I: The Challenge We Face

Module 3

Central Idea

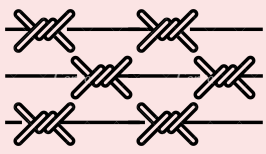


Micro

- Traditional case-by-case discussion.
- Improving the outcomes for specific cases.
- Focus is on the **client**.

Macro

- Establishing an ongoing learning and development plan.
- Improving therapist's overall effectiveness.
- Focus is on the **therapist**.



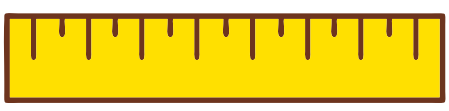
Mistakes in Supervision

- Self-Assessment Bias
- Seeing Patterns...When There Aren't Any

Modules 5-7

ACT II: Actual Solutions

USE OF MEASURES



- Do not value what you measure; measure what you value.
- Use as a conversational tool.
- Creating a clinical decision tree.
- Feedback to feed-forward.

FIGURE OUT WHERE YOU ARE

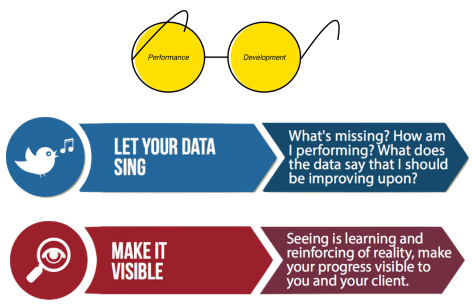
- Aggregated baseline data.
- Development over time.
- Taxonomy of Deliberate Practice Activities (TDPA).
- Effectiveness of supervision.
- Impact of Session Grid (ISG).

Modules 8-13

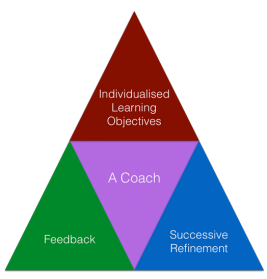
ACT III: The Way Out

A NEW WAY OF SEEING

A System of Practice

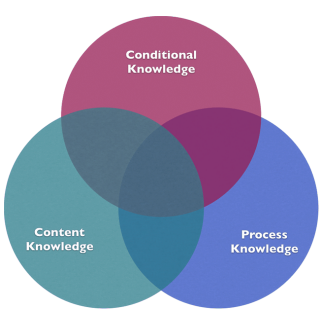


Learning to See Your Outcomes

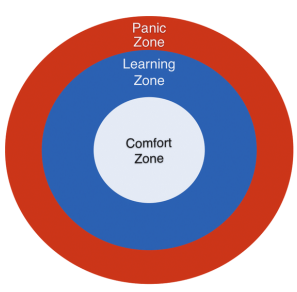


Deliberate Practice

A Good Coach

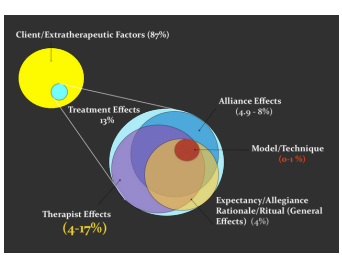


3 Types of Knowledge



Circle of Development

Energy Management



Therapeutic Factors

Lead vs. Lag Measures

Modules 20-33