

Vision Statement Worksheet

CREATING A VISION STATEMENT FOR OUR LIFE & YOUR BUSINESS

When you think about all the great and wonderful things that you would like to accomplish, what does that "life" look like? What are you doing? Where are you going? Who's following you? What have you accomplished? How do you feel? What impact has it had on your family and your business?

Before you can ever expect to achieve that "wonderful life" you must have clarity on your vision to be able to articulate it as well as take action steps towards bringing it to life.

This worksheet is designed to help you begin the process of creating an Action Plan that lines up with whatever Vision you may have, while helping you clearly establish personal goals that will challenge you to Act on them, rather than allowing them to drift away as an afterthought!

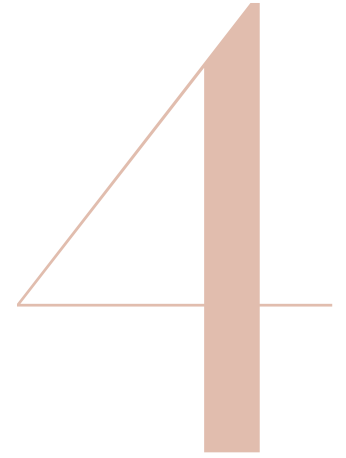
OUR GOAL FOR THIS WORKSHEET WILL BE AS FOLLOWS:

- + Clearly define and write down your Ultimate Vision for your life.
- + Set goals that will move you closer to making them happen.
- + Use this worksheet to help you establish a business plan that lines up your "Ultimate Life Vision" with Your Business Blueprint so that you

I want you to begin to see yourself as already being that person, living that life and having what you want. This builds up belief, which develops confidence, which helps to establish "intent" with everything that you do!

Once you put all of this together, you will feel more empowered, motivated and will have a clear plan before you, to help you navigate in the direction that you need to go.

If you fail to do this, you will find yourself aimlessly wandering, from one idea to the next, one business opportunity to the next, following countless people that you feel are misleading you, when in actuality, you have been misleading yourself.



The Four Categories Of Your Vision Statement

I know you may be wondering “Oh my gosh, what have I gotten myself into”, but creating a Vision Statement isn’t hard at all. In the book, “The 4 Hour Workweek” by Tim Ferriss, he actually labels this under “Definition” as the D, in his D.E.A.L. Formula to living the 4 Hour Work Week.

He starts off with Definition, stating that in order to really thrive in life, we have to reset our Systems into becoming more “Unrealistic, Unreasonable and Unambiguous”.

Ferriss states that “**DOING THE UNREALISTIC IS EASIER THAN DOING THE REALISTIC**”, encouraging readers to “**NOT OVERESTIMATE THE COMPETITION AND UNDERESTIMATE YOURSELF. YOU ARE BETTER THAN YOU THINK.**”

The way that Ferriss maps out goals is called **Dreamlining**. This is where you get very specific about **having, being and doing**. We’re also going to add another component in there, which is the Secret to Success, **giving!**

These 4 Components help lay the framework for your Vision Statement. What you need to do is utilize this worksheet or grab your “6FSF Journal” and begin to answer the following questions openly and honestly, without restraint in your writing.

Excercise

1. Having: What do you want to “have”? (including, but not limited to material wants: house, car, clothing, etc)

a. What do you want to have?

b. What type of things would you like to acquire?

c. What kind of toys would you like to play with, new home, private jet, luxury car, motorcycle?

d. What intangibles do you want to possess - good health, happy family relationships, strong spiritual life, etc.?

2. Being: What would you like to “be”? (become a great cook, be fluent in Chinese, become a Motivational Speaker etc.) a. What kind of person do you want to be?

b. Do you want to be a Philanthropist, Good Friend, Leader, Mom, Dad, Trainer, Speaker?

c. Who is the person you want to be when you are living the life you truly desire?

3. Doing: What would you like to be doing? (Traveling the world, Missionary work, Building a Non-Profit for inner-city youth, etc.) a. What do you want to Do?

b. What kind of work would you like to be apart of?

c. What kind of fun activities would you like to do?

d. Do you want to travel, golf, bungee jump, jet ski, parasail, hike? (Write whatever comes to mind)

e. Do you want to write a book, start a business, learn a new hobby, etc?

4. Giving: What do you want to "give"? (help feed the homeless, build wells in Africa, help Haitian victims rebuild houses) a. What do you want to Give?

b. What would you like to share with the world?

c. Do you want to give knowledge or time to an individual group?

d. Would you like to give time and money to a non-profit organization or church?

e. What would you like to pass on to your family? (leave a legacy)

Creating Your Life's Vision Statement

What you want to do now is make a list for each of the four categories listed above and begin listing between 5-10 items per category. Write them down to the best of your ability, and allow yourself to get as detailed as possible without trying to edit or condense your thoughts.

The purpose of this exercise is to allow your mind and imagination to run freely, listing all the ideas and thoughts that ever crossed your mind, but were withheld or dismissed because of the thought of them being "impossible".

During this phase, keep in mind Ferriss' statement **"DOING THE UNREALISTIC IS EASIER THAN DOING THE REALISTIC"**, encouraging readers to **"NOT OVERESTIMATE THE COMPETITION AND UNDERESTIMATE YOURSELF. YOU ARE BETTER THAN YOU THINK."**

Now's the time to let your imagination run wild WITHOUT LIMITS!! You'll see why in our training.

If you exceed more than 10 items, that's okay. If your mind is racing faster than you can write, try typing them out or simply speaking into an audio recorder to follow through with the exercise.

There Is Simply No Substitute
For Taking Action Toward
Your Goals And The Ultimate
Vision For Your Life.