



# ESCAPE THE MATRIX

Activate Your Soul Purpose & Live Your Dream Life

**WELCOME TO EARTH!** You are here on Earth at this time to **serve the evolution** of the planet, with a specific mission that **only you can fulfill.**

So many of the people I meet feel they are here for a purpose but can't figure out what or how to offer, and end up struggling, instead of thriving in their businesses.

That's why I'm so excited that you are here with me, and ready to dedicate this time to get clear on which of your skills and capabilities can be used to create coherent and utterly marketable and abundant SoulPurpose business.

**Over the course of the next three modules** we are going to work together to gain a crystal clear vision of how your life experience all fits together and how to bring ALL the aspects of yourself to your SoulPurpose Business!

**Together We Will Get Clear On:**

- **Your Skills** The 3D skills, modalities, and tools that you know
- **Your Authentic Expression** How you feel in your body while you do your work
- **Your Transformative Experience** what is the process that you take people through to experience the results your clients want.
- **Bonus Module** *Mapping Your Magnetic Message 101* how to keep your new business full of clients even if you're just starting out and don't feel like you are "ready" to share.

# I am here to support you in this journey.

Make sure you check you join the flock group. [evolver.flock.com](https://evolver.flock.com)! It's a private and secure group, so only members of the EvolvingHumanity programs are a part of it. This is a safe space where you can really ask for help and share support when it's needed. You'll also be encouraged to share your insights and inspirations and breakthroughs!!

You'll also be able to find an accountability buddy there. This is someone from the group (or a friend who you want to do the program with), who will help you stay accountable to your goals, and help you work through the exercises if you get stuck.

They will come in REALLY helpful in module 2 where you practice talking about the results you create!

Again, I'm so honoured that you've decided to join me on this journey, and I look forward to cherishing and witnessing your YOUUnique divine light!

With Love Overflowing!



Founder [EvolvingHumanity.com](https://EvolvingHumanity.com)

Visionary Lover, Gorgeous Graphics, Authenticity Catalyst.



# WHAT YOU DO, AND WHERE YOU'RE GOING

This first workbook is going to help you to find the three things that really make you UNIQUE in your business, and help you SUPER shine.

As conscious entrepreneurs, we are multifaceted people. We are more complex, and more delicious than being JUST a massage therapist. We've also studied reiki, and aromatherapy, and pull tarot cards into the mix. And this makes our clients love us even more!

I like to say I'm all about Gorgeous Graphics, Loving Visionary, and Authenticity Catalyst.

This is the 3D thing you do. It's 3 dimensional, which means you do a beautiful combination of 3 things, and it's grounded in a physical time and space type action.

And part of the beauty of the Law of Attraction, combined with the power of the internet, and just being ourselves as a magnetic force. We CREATE our ideal clients, who will completely love working with us, almost out of thin air.

## **So let's start by talking about things you do right now, and things you've loved doing in the past.**

These are things that you love that you're holding back because you think they aren't (appropriate) for your profession, these are unique skills that only you have that (maybe) you're not passing on to your clients.

When you hold back in this way, you're shielding yourself from ideal clients or client groups that will love you, and you love, that you're not tapping into because you're scared to shine your stuff really really bright!

You'll finish this module with:

- Crystal clear vision of how your life experience all fits together
- Be really clear on what you're holding back, that you need to be sharing!
- Know where you are going, and get clear that you have support to get there!

Without further ado, some questions to help you get clearer get to know you!

## Tell me about your experience so far:

How do you earn a living right now?

How do you feel about your job/business right now?

Is there an aspect of yourself that you feel you've been neglecting to do your current work?

Any nagging feelings you should be doing something else?? What does that voice sound like? What does it say?

## Who you ARE while you Work:

How do you feel when you're working with your clients? (if you're not actively working with them, you can describe how you think you might feel)

How do you want THEM to feel after you're done working with them(for the day/session)?

**What aspect of your dream work makes you feel most alive?**

## **Your Unique Contribution...Where you've come from...**

**Tell me what experiences you've loved working in the past?**

**What's are your absolute favourite things in the whole world to do?**

**What are your talents/hobbies? (art, belly dancing, seeing the future, etc)**

**What are your skills? (things you learned in school, on the job, etc)**

## **What you're all about!**

**What are you "FOR" (ie, solar power, using cloth bags, joyful living etc)**

**What are you against?**

## **Your Life Lesson**

Especially in the coaching field, our biggest challenges are often transformed into the SoulPurpose Business that we serve others with...

**What's are some of the big challenges you've overcome in your life?**

**What was the worst part about this situation?**

**How have you learned and grown from this experience?**

# Gathering the Highlights

Now, read over what you've just written. Highlight or underline anything that really jump out at you, the ones that resonate most. If something extra pops into your consciousness, write it down, add it in.

So from what you just highlighted... What are the most important things?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Realizing that there are other people in your field who do similar work, what are the things that **make you super unique?**



## Bringing it all Together

Generally our Unique business is a combination of the thing we're already doing, and the things we love doing! How beautiful!

Also, a lot of power for creation comes from our life challenges, and our ability to transmute them into lessons, and then guide others through the same healing. It is a combination of all of these things that really have created our unique light, and that allow us to shine in our own way!

I want you to take a few big breaths right now and tune into "future you", source, spirit, god, your guides, or whatever term you use to refer to your connection to the divine. Get into a good feeling place and just sit there for a moment.

**If you were able to receive a letter from yourself 5 years in the future that described what that 5 year in the future you is now experiencing as your shared highest outcome of your most abundant, authentic, and unique SoulPurpose Business.... What does it look like? Feel like?**

**When you think about this ideal, abundant, authentic future, which of your talents do you need to really bring more into play and harness?**

**And which skills do you need to develop further?**

# Homework Checklist

## Right Now

- Take the time to fill out this exercise (or schedule a time during the coming week)
- Join up on the Flock Group page [evolver.flock.com](http://evolver.flock.com)

## Next 7 Days

- Chat with your favourite friend/family member about what you discovered.
- Share your “5 year vision” with the Flock group.
- Look at the people in the group and find someone you’d like to be your practice buddy, exchange phone/skype info, and agree to meet at a certain time every week for the next 3 weeks.
- Finish the assignment, and schedule time to go through Module 2

# About The Author



**Elena Harder**

Founder, Visionary, and Authenticity Catalyst  
Evolving Humanity by Design

Elena built her business while hanging on the beach with her son, touring the world and living in small beach towns across 5 continents. In between playing with life, having fantastic conversations about consciousness, she works to help conscious entrepreneurs build successful businesses through creating automated marketing systems, busting self sabotage, and helping them find the courage to follow their passion to their soul's highest destiny.

I hope you've been supported by this workbook. If you have questions or need help with implementing it into YOUR website I'm more than happy to help. Together we can get clear on how you can create your own Magnetic Strategy for Meeting, Qualifying and Inviting your Ideal Clients.

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