

Aroma Point MASTERY

Monthly Themes & Essential Oils

ROOTING TO EXPAND	October	<i>Bergamot, Cedarwood, Helichrysum</i>
ACKNOWLEDGE & TRANSFORM	November	<i>Mandarin, Patchouli, Saro, Neroli</i>
EMBRACING THE VOID	December	<i>Black Spruce, Frankincense, Jasmine</i>
SPACE FOR GRACE	January	<i>Marjoram, Clary Sage, Rose, Sweet Orange</i>
NOURISH THE SEED	February	<i>Coriander Seed, Nutmeg, Arborvitae</i>
ARISE & SHINE	March	<i>Blue Tansy, Roman Chamomile, Rosemary, Angelica Root</i>
EXPRESS & EXPAND	April	<i>May Chang, Laurel, Vetiver</i>
BLOSSOM & BEHOLD	May	<i>Jasmine grandiflorum, Peppermint, Silver Fir</i>
ENRICH & ALLOW	June	<i>Cardamon, Palmarosa, Sandalwood</i>