



Baby Extra Activities



1. Feed the butterfly

You will need:

Toilet roll

Paints or other decorating materials

Paper Plate or Plastic lid for paint

Paper

Pasta pieces (or crackers, Cheerios)

NB supervise your baby closely when they are picking up small items, as these can be a choking hazards



You can trace your baby's hands to make the butterfly templates or paint your baby's hand and make handprint templates

Method:

1. Draw a butterfly face on a toilet roll, and decorate it as you like.
2. Draw butterfly wings on the paper. decorate them and cut them out.
3. Tape the wings to the toilet roll butterfly body.
4. Place the butterfly and pasta pieces in front of your baby and show them how to pick up the pieces and drop them into the top of the butterfly.
5. You can count the pieces as your baby drop them into the butterfly!



Also watch their face as you lift the butterfly up at the end to reveal all the little food pieces they places inside!





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2. Sponge squeezing

You will need:

Different sized sponges

(a rectangular sponge may work best for printing)

Pipe cleaners (or elastic)

Warm water and shallow container

Smaller containers to squeeze water into

Paint (for optional butterfly printing)

Paper for painting (for optional butterfly printing)

Towels

NB! Always supervise your baby closely when they are playing with water.

Method:

1. Prepare your area for water play with towels.
2. Pour warm water into a shallow tub.
3. Make butterfly wings and feelers by tying the middle of the sponge with the pipe cleaner (or elastic band)
4. Drop the sponges into the water and allow baby to explore the sponges.
5. Show your baby how to squeeze the water out of the sponge.
6. Show your baby how to transfer water to the smaller containers by squeezing the sponges over the other containers!



You can also squeeze some paint over the sponge and show your baby how to place the sponge onto the paper to make butterfly prints.



Nanny 'n me
growing together



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3. Butterfly Cocoon Game

You will need:

Colourful scarf (or dishcloth)

Butterfly made from a toilet
roll with paper wings
(see activity 1)

Method:

1. Push the scarf into the butterfly roll, leaving a piece sticking out.
2. Show your baby how to tug and pull on the piece sticking out, until the whole scarf comes out.
3. Wave the scarf around like a butterfly.
4. Say, and sign, “butterfly” and sing the butterfly song while waving the scarf around.
5. Older babies can try pushing the scarf back into the butterfly roll with their fingers.



If you do not have the butterfly from activity 1 you can also use other containers to pull scarf from, e.g. baby's bottle, tissue box or wet-wipe box.



Your baby can practise pulling out the scarf over and over again! Try something new each time they pull it out. You can play peek-a-boo, hide the butterfly under it or sing and wave it around!

