# New Character worksheet

1. Briefly describe the person you would like to be:
2. What does this person do effortlessly, that your current-self does not?
3. How does this new-self view opportunities differently than the old self?
4. What strengths does the new-self possess, that the old one does not?
5. What are the emotions you feel (imagine) as this new person?
6. What is different about your new lifestyle? About your new work or way of living?
7. Make up some positive statements that you imagine people could say about your new-self, behind your back, that you would never have imagined them saying about your current-self-image. i.e. “she is so organized!” “He is super smart. I want to have him on our team/work with our business.”