Happy Holidays!

Merry Christmas!

Happy New Year!

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LFR teaching materials December 20, 2021

If you want to hear more . . .

I AM CREATING A
MONTHLY
NEWSLETTER FOR
THIS PROJECT



LFR RESEARCH: SPIKE PROTEIN TECHNIQUES



GROWING TIPS
SEND ME YOUR
QUESTIONS



PREPAREDNESS

IDEAS AND
SUGGESTIONS

CHRISTMAS LETTER 2021



2021 has been a most interesting year . . .

Dear Friends and fellow students,

I decided to try my hand at a digital Christmas letter and propose a Christmas/New Year project for 2021-22. I will keep this project going and welcome input from you. they speak for themselves. At the top left box you can send me your email and suggestions.

I wish you and yours the a peaceful and joy-full New Year.

The world events of this year have amazed me.

I do believe we are living in unprecedented times.

But we are amazing people! 2

INFORMATION

Little Farm Research | Subtle Energy Research | Projects | MindSet and Personal filters

Our Altered Mindset

In times of panic and chaos our thinking changes. The norm disappears and we must adjust to a new "normal" conditions.

Mass Hypnosis

"Mass formation psychosis is a very dangerous condition, both for those under its spell and those who aren't, because of the resulting 'mental intoxication', people become willing to do things that are clearly wrong and utterly immoral, if told it's for the greater good."

Vax pros and cons

- Vaccines work for me, I trust them..
- I have had some bad reactions with vaccines.
- I don't know what is in the shot, I would rather not chance it.
- What about natural immunity?. I have antibodies.
- "If everyone would just get the experimental jab, COVID would vanish and everyone could go back to feeling safe again."



What is going on?

Why do people have such strong opinions about vaccines ...?

We look at our world (and world views) through personal filters. It is a way to cope with the huge volume of information we must process each day. We need to strengthen unity not stir up contention . . .

So how does one recognize (and use) these filters wisely? Can we agree to dis-agree? Can we respect choice? Both ways?



. . or is this getting out of hand? (Watch this video from Belgium)

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Are you willing to try new things?

Open-minded people also love trying new things. You can call it curiosity or willingness to embrace change, they don't mind trying out a new place for dinner, or making new friends, ... or even looking into cultural trends with radionic technique . . .

Ask questions ...

A rate links you to specific information held in the subtle fields. That information is measured by its resonance, coherence (we often say strength to manifest).

A general negative Index (rate)

30.2113 or 14.1-21

Mass Formation Psychosis

I will use the Percent Scale to determine the "scope" of it's manifestation.

I define the parameters for my evaluation, ie. the world population, the united States population, my city . . .

Here are some key negative rates, and definitions.

Panic 30.71114 or 10.25-12.3

Here, the individual begins to perceive the world around him/ her in a different way and is frightened and confused by it.

Psychotic insight: 70.52336 or 44.25-54.3

Here, the individual manages to explain his abnormal experience of the world by inventing an illogical but magical way of seeing reality.

These are two stages of the mental coping phases as the masses deal with widespread stress load coming from the chaos created by the pandemic.

These negative patterns can be tracked on a graph. My focus is going to be on positive broadcasts. I am looking at flower remedies and essential oils.

Always check carefully for appropriateness .

What can we do?...

I know many of us have wondered at the many conflicting reports on the Covid pandemic. There have been many opinions, discussions. The bottom line for me has always been choice, and freedom of choice has been a hallmark of the freedoms our forefathers fought for. It seems to me that rules like vaccination should be a personal choice. If vaccinations work the only ones at risk are the unvaccinated. And there is no need for everyone to be vaccinated (except for the people who benefit from the sale of vaccines.)

But the real question I have is why is it such a big deal anyway? Why all the shaming and blaming. It doesn't make sense . . .

So that is the question. There is a big elephant standing in the room. Can we talk about it? Do we dare listen to each other?

The video link is to a most interesting discussion about the mindmindset that seems to be connected to this pandemic. It is a different viewpoint and offers explanations and some possible solutions. Here are a few comments:

Mass Formation Psychosis Project

I have also developed some rates (IDF tunings) for monitoring these "conditions" specifically and generally. I do think we are experiencing a worldwide phenomena and that working together might make it easier. I know many of my colleagues and friends in the past have stepped in to lend support when things needed to be steadied

It should be an interesting project. I would be interested in sharing both what I learn and what you learn.

If you want to be part of this project hit the link (and email me)

Here are some key positive rates

Love 53-28, and 100.333

A sense of affection, benevolence for others arising out of kinship or personal beliefs. To hold dear, to cherish.

Hope 70-95

An enthusiastic desire accompanied by expectation or belief in fulfillment.

Joy 21.5-21

a feeling of great happiness. Rejoice!

My plan is to spread as much hope and love this Christmas as I can. This *feels good* for this time of year. I will use as much mindfulness as I can manage. If you feel inclined to help (and learn) make a plan. Keep notes and share. . . love and light, and Merry Christmas! Happy Holidays! Shalom!

—Lutie Larsen look for my notes -

More Rates for Spreading Love and Peace

Working with Emotions

Emotional releasing and the processing of the emotions from specific events can be a challenging process. Sometimes it seems that there is not very much information available that provides the guidance that You need, at least I feel that way sometimes. It is almost that there is more information available explaining what emotions are that what we are supposed to do with emotions anyway.

Of course the obvious thing to do with emotions is to express or share them. Watching a child's birthday party the other evening reminded me that the expression of emotion is a life long learning process. In childhood, emotions are expressed as they are felt. In the beginning almost all emotions are expressed by making noise, crying usually, because that and silence are the easiest things to do. But later happy noises can be created and the reactions of adults to these emotions help us to understand how to use these reactions to our own emotional expression to get what we want and need.

Rates for different lights	
Early Morning light	39-59
Firelight	52.25-57.75
Moonlight	51-35.25
Sunlight	92.75-25
Twilight	67-53.5
White Light	12-22
To bring light into cells	62-48.75
Environmental essence of Northern Lights	72.4-44.9
Emotional rates	
Ancient wisdom and experience	21-37
Emotional biorhythm	24-28
Emotional clarity	62.25-52
Emotional stability	16-59
Courage to live & grow	69.65-71.4
Courage to change	77.25-52.8
Healing of memories	21.5-31.5
Joy	21.5-21
Peace of Mind	32.5-24.5
When nothing else works	
Emotional Body balance (homeopathic rate) 53-69
To Create a Protective Space	46.6-54.75
Chocolate Essence	41.1-92.26

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