

# “AFFIRMATIONS”

CHRISKARPIAK.COM

## Supply List

- a variety of cellulose (plant based) fabrics (cotton, hemp or linen)
- lace, adorned handkerchiefs
- macramé cord
- safflower petals **(Use discount code Mixed Media)**  
<https://www.voyageursoapandcandle.com/products/safflower-petals>
- muslin bag **(Use discount code Mixed Media)**  
<https://www.voyageursoapandcandle.com/products/muslin-bag-3-x-5-inch>
- tea bags **(Use discount code Mixed Media)**  
<https://www.voyageursoapandcandle.com/products/press-n-brew-tea-bags-small>
- stainless steel pots (do not use those you cook with)
- tongs, large spoon (do not use those you cook with)
- aluminum acetate (for mordanting cellulose (plant based) fabric)  
<https://www.fibregarden.ca/product/aluminum-acetate/>
- beets, raw
- mixed media paper <https://amzn.to/3k3aD4n>
- water color paper <https://amzn.to/3fQtdeD>
- water color brushes (any will do)
- Lyra graphite water soluble pencil <https://amzn.to/3fQuNx5>
- Carand'ache Neocolor 2 in Ochre (or any water soluble pastel)
- twig, feather
- gold acrylic ink <https://amzn.to/3fUZiSw>
- stamp with manuscript (any will do)
- white archival stamp pad
- paper trimmer
- corner punch (optional)
- double sided tape (Sookwang)

- Indian cotton paper (**Use discount code KARPIAKCLASS**)  
<https://www.mulberrypaperandmore.com/p-6525-handmade-deckle-edge-indian-cotton-paper-pack-ivory.aspx>
- Lokta paper (**use discount code KARPIAKCLASS**)  
<https://www.mulberrypaperandmore.com/p-4575-handmade-nepalese-lokta-paper-pack-cream-gold-and-silver.aspx>
- coffee paper
- scrapbook paper: Blue Fern Studios - "Jane's Memory Locket and Key" (optional)
- vintage postcards: Use your own, or download the Vintage Postcard Bundle from Chris' shop: <https://www.chriskarpiak.com/shop-1>  
**(Use discount code POST to save \$2).**
- vintage papers: Use your own, or download the Vintage Paper Bundle from Chris' shop: <https://www.chriskarpiak.com/shop-1>  
**(Use discount code VPAPERB to save \$2).**
- steeped tea or brewed coffee or walnut ink
- ink: Liquitex Transparent Burnt Umber, FW Sepia
- scissors
- gel medium, an old brush
- typewriter
- seed beads (Sizzix sequin and beads, Rose Gold)
- embroidery floss and needle
- thread and needle
- vintage paper clips (49 and Market-Vintage Artistry Essential Binder Clips)
- Signo Uniball pen, white
- pencils
- old or rusty paper clips
- old or rusty safety pin

- awl (optional)
- pastels
- watersoluable pencil crayons
- Stabilo marks all pencil, watersoluable (black)
- aqua pen
- Nuvo glitter drops (Gold Coast) dried rose petas
- essential oils
- muslin fabric
- stamp (Penny Black)
- black archival stamp pad (Ranger)

***Many of these items are optional. Watch the videos first to see if you would like to investigate purchasing an item, or to see if you have something similar already that you can use.***