Chapter Four: The Overview

Welcome to Section Two, The Content

I'm your host, Melinda Haynes. I'm the Founder and Director of Family & Children's Counseling Services in Northern California. I have been in the helping profession since my first crisis hotline job in the early 1990s.

The way the world is changing, and the way information is expanding, I'm guessing we will have updates in the future. Turn your email notifications on so you can receive notifications of any updates as they occur.

This section is to give you some information regarding the overall content and creation of the Manual.

- The original content of the Manual was designed to meet the requirements of California's Drug Medi-Cal program. Drug Medi-Cal is a funding source for substance use disorder (SUD) treatment. We eventually went another route with our business model and service delivery, but we left the Drug Medi-Cal information in the Manual for two reasons:
 - 1. the SUD information is good and useful, and
 - 2. it's a great starting point for anyone who wishes to utilize this Manual for their SUD treatment program.

We did <u>not</u> complete the Drug treatment requirements when writing this Manual, nor did we stay up-to-date on requirements or regulations. *If you are going the SUD route, this Manual will be an excellent starting point, but you will need to research SUD-specific items to add to your version of this Manual.*

- 2) We went the route of a family services agency that has employees and provides therapy and supplemental family services to the community. Your agency may or may not have the exact types of services that we mention. You are welcome to edit, add, and delete to your heart's content. Please do <u>not</u> assume that our business model, services, or policies and procedures are the model for how you run your business. Be creative and courageous! Do your thang.
- 3) There are various laws cited throughout the Manual. Some are federal laws, and will most likely be applicable to all of us. However, since we are based in California, we cite a handful of California laws, as well. If you want to include legal citations, you will need to research the corresponding laws in your state for accuracy.
- 4) We assure you that this Manual will provide you with more than you anticipated. You will be able to fully immerse yourself in the daily functions and offerings of your current or future practice or agency. This Manual will help you get creative, clear, and motivated. This Manual will help you conceptualize your organization's future, and will help you lay a solid foundation for future success.

I'll see you in the next chapter, where we will start our review of the actual Manual!