



MORRIS FENG SHUI

# Your Bedroom Checklist

## Ask yourself the following questions?

Is my bed in the command position? If not, why?

Where is the clutter in my room?

How many pieces of furniture do I have?

A bed

2 nightstands

Other

What can I remove?

I will clean the bedroom to the best of my ability, with the intention to shift the energy?

What type of space clearing will I do?

Sage

Essential oil

Orange Peel

Other

What is my intention for this clearing?

If needed, what changes can I afford to make now?

Get a new headboard

Get a new bed

Wash my sheets and make my bed

Use one of the 2 headboard hacks

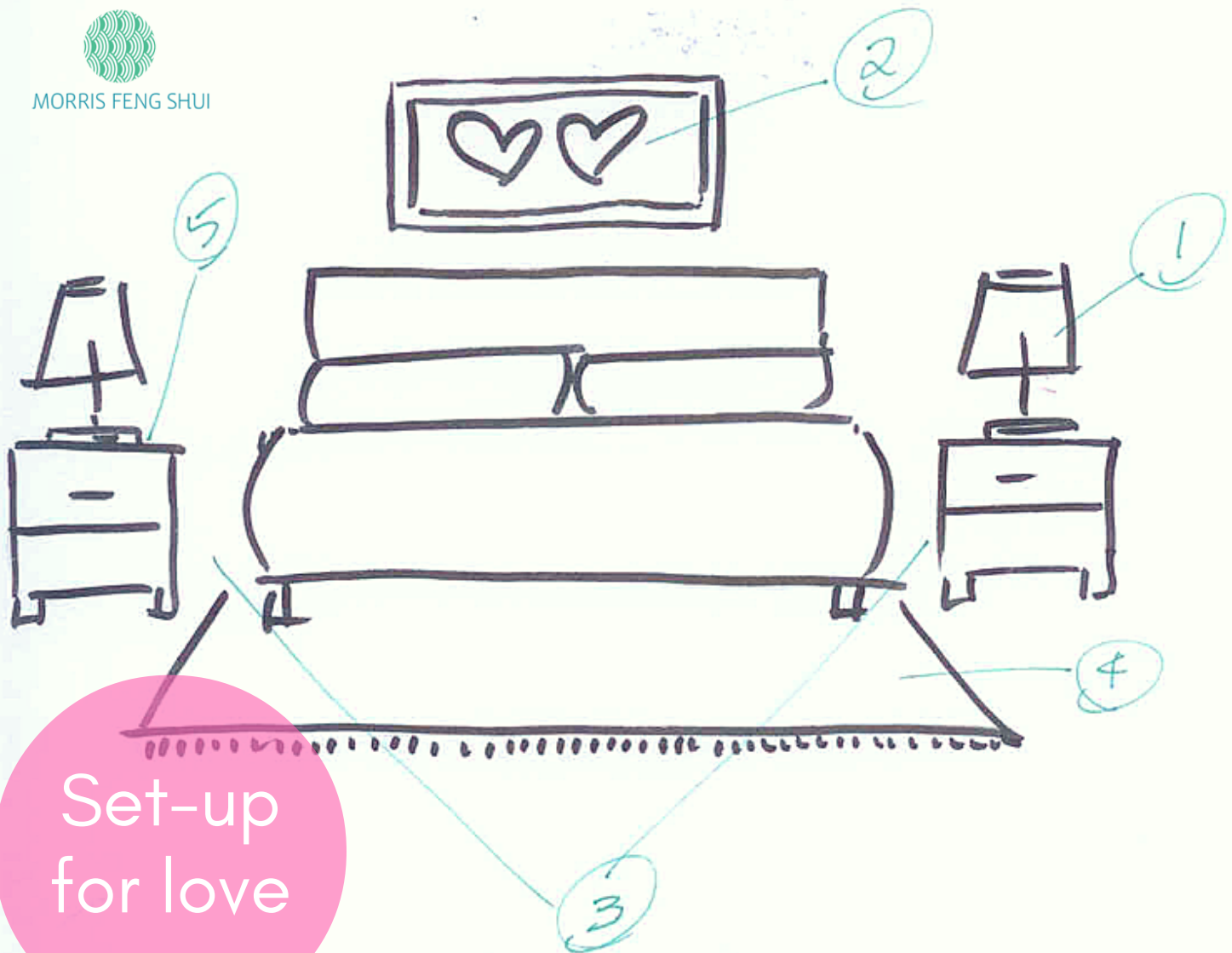
Buy a new set of sheets

Buy a new duvet cover or new bedspread

Of all of the above, from layout to clearing, I will commit to doing the following in the next 3 days (must be a minimum 3 changes), e.g., move my bed, clean, do a space clearing



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## 1. Two lamps and two nightstands

One for each partner (or future partner). If you only have one of each, on one side of the bed, you are not meeting or respecting the needs of your partner.

## 2. Your symbolic pair

Avoid images of single people or lonely solitary objects. You can have one painting with a pair, or two separate paintings side by side, each representing a partner in the relationship or the future relationship. Try adding a pair of rose quartz crystals or a pair of small sculptures.

## 3. Make space for both

Make sure both sides are easily accessible for both partners. If you block one side you are energetically blocking that person from your bed and life.

## 4. Good foundation

Add a rug to create a grounding point for the bed. Create a solid foundation for the room. Use a rectangular or square rug.

## 5. Equal standing

When choosing your furniture make sure they are matching or equal in size and standing. Make sure the nightstands and lamps are both in working order and are good quality.