

Major ii V I Progression

Here, you learn arpeggios over the major ii-V-I progression.

Start by learning these arpeggios as written, getting them memorized on the fretboard.

From there, solo over the backing track using only these arpeggio notes.

You can add in hammers, slides, pull-offs, etc., just avoid adding in chromatic notes at this point.

Adding in chromatic notes can hide the sound of the arpeggios. Which is a good thing when soloing later on.

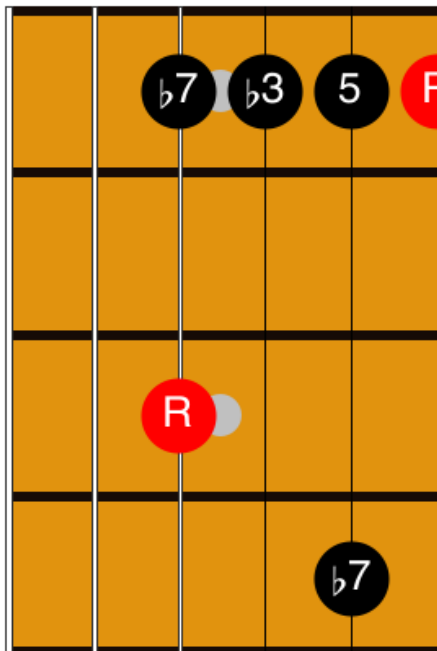
For now, you want to become very comfortable with the sound of the arpeggio notes only in your solos.

Then, over time you can add in other notes as you get these arpeggios drilled into your ears.

Have fun learning these shapes and soloing over the backing track in this workout.

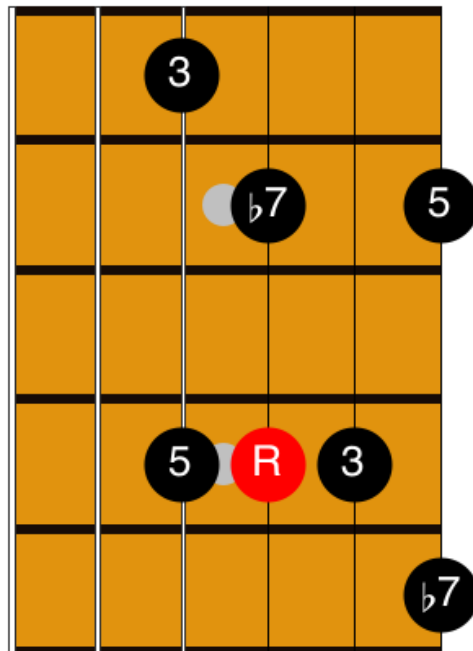
Am7

5



4

D7



Gmaj7

4

