



## **Lesson Title: Heavy Wind Sail Setup & Adjusting Controls**

### **Adjusting Controls Process**

- Get block to block and pick an ideal time to adjust your control line
- If your control is not nearby, quickly reposition it next to your body and then re-accelerate the boat, steering through waves until the next optimal adjustment moment occurs
- Adjust the control line and re-accelerate
- Repeat for other controls

### **Controls Adjustment Ideal Timing**

- When boat is relatively fast
- Up a swell
- After a big hiking effort
- During a lull IE, before a gust
- After a gust/upon entering a lull
- During a flatter water section

\*\*\* For specific Heavy Air Upwind sail settings, please see the PDF Sail Settings charts.