



5 – Trigger Control

Key Points to Trigger Control:

- Prep the trigger by slowly pulling the trigger to its break point. This is what we refer to as “trigger take up” or “taking the slack out of the trigger.”
- The trigger break point is also referred to as the trigger “Wall.”
- Once your trigger is at the wall slowly squeeze the rest of the way through the wall.
- Trigger prep and squeezing the trigger through the wall are 2 separate actions.
- Do NOT pull the trigger all the way through in one motion.
- Do NOT go from 0 to 100 mph.
- Do NOT prep the trigger at 5 mph and squeeze through the wall at 100 mph.



NOTES: