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Art Supplies!

Substraight

Canvas or Journal - I will be working on a canvas but anything will work, you can paint on anything you like - art journal, cardboard, what ever moves you! I am using a Blick brand Premier stretched canvas, traditional profile, choose any size you like!

Moleskine Journal [Amazon.com](https://www.amazon.com)

Blick Canvas [DickBlick.com](https://www.dickblick.com)

Acrylic Paints

Any brand you have will work or if you need to purchase paints buy the primary colors for mixing and a few of your favorite colors. I typically use Golden fluid acrylics, DickBlick.com acrylics, Liquitex full body acrylics. I mix and match what ever I have, what ever brand you buy will work fine.

- BUY your favorite colors as well as the basics below - go with the flow and make a list of colors that make you happy! That is where you start, no complicated formulas to follow just buy what you love. When I enter the art store I walk up to the display and buy the first 3 colors that I see that call to me or make me feel excited to create. I have a HUGE array of colors to choose from now and I love every one of them. And yes, I have bought the same colors twice and even three times, so make a note of what you have before you shop. If your like me your heArt knows what it wants so follow your intuition, colors vibrate and will resonate with your soul.



Acrylic Paints

If your new to acrylics, I recomend a set of Primary Colors + Black and White to get you started - When you go online or walk into an art store you will see lots of variation of these colors and really you can use any of them in the color families below for this course. I am providing a basic list - please buy and use your favorite colors and brands.

- Red - Cadmium Red Medium
- Blue - Cobalt Blue
- Yellow - Cadmium Yellow Light
- Plus - Black & White to get started
- The 4oz or 8oz tubes or smaller size sets are perfect for starting out. Below are to links to basic primary sets on the 2 main sites I buy my supplies from.

If you need more help mixing colors sign up for my FREE Demystify Color Mixing course, that will help you get started.

- Link to starter set of Acrylics Primary set with Black & White DickBlick.com
- Link to starter set of Acrylics Primary set with Black & White Amazon.com



Brushes

I use every thing from DIY wall paint brushes and traditional artist brushes: Round brush size selection and some flat brushes you will see me use in this video series. I do not buy expensive brushes because I am hard on my tools.

- Round Brushes [Amazon.com](https://www.amazon.com)
- Combination Brush Set [Amazon.com](https://www.amazon.com)

More Fun Supplies!

- Pallet - I use paper plates.
- Water container - I use old recycled jars.
- Rag - to wipe your brushes and canvas when needed.
- Spray bottle - for wetting your paints on your pallet to keep them flowing when you take a break.
- Cotton buds - for making little circles.
- Blow Dryer - to speed up drying time

Optional Supplies

- Stencils - Make a great start for any painting, or a beautiful background texture not to mention fun to use!
- Paint Pens - I use Posca by Uni, they are unsented and have good coverage and flow.

I use supplies that I have on hand, you can see I mix all sizes and brands of supplies - what ever is on sale works perfectly - do not worry if your art store or Amazon does not have these brands just buy another!

- <https://www.dickblick.com> is the art supplies store where I buy my supplies here in the USA. Amazon carries all the art supplies you will need as well.

