

THE MAGIC OF THINKING RICH DAY- 15 SUMMARY (ENGLISH)

The Magic of Thinking Rich
THINKING RICH
SEASON 4

अपने
NEGATIVE BELIEFS
को कैसे खत्म करें?

DAY 15
CoachBSR

BSR
PROFESSOR SINGH BHATTI

The Magic of Thinking Rich Season-4 Day-15 by Coach BSR starts with the testimonial videos, BSR Sir's achievements, and all information on page <https://www.askbsr.com/live> in detail.

YouTube live link, Free Webinars, Morning Meditation link, Become a Volunteer, Contribute and Donate, Summary, Free courses & Gifts, Contests and winners, Testimonial videos, Mission, Social Media Handles etc.

BSR Sir welcomes day 15 with an energetic Signature Move “**Shake your Body and Say Yes**”. Sir describes how he started with The Magic Of Thinking Rich workshop season 1 in November 2020. Many people opposed him and he continued the journey to season 4. It has been an exciting journey.

BSR Sir requests everyone to join and invite maximum people on the 5th of September when an official world record attempt will commence.

REPETITION is the mother of all learning. Hence BSR Sir reminds all to watch each video of the workshop minimum 4 to 5 times. In order to learn, need to watch videos multiple times, make notes, read books written by BSR Sir and others as well related to the **Law of Attraction(LOA) like “SECRET” and THE POWER OF THE SUBCONSCIOUS MIND(SCM).**

Buddha says whatever you think you become and whatever you want you create, you do. You attract who you are. If someone earns 10000 check his thought process and if you want to know if those who earn more understand their Belief system.

Thought Process of Rich Vs Poor:

A kid from a Middle class family struggles for many things. They compromise on their dreams whereas a Rich class kid thinks about how to earn more and become Millionaire.

Growth depends upon our Belief Systems. Two types of Belief Systems are Positive and Negative Beliefs. BSR Sir explains how to identify, break and shift Negative belief.

Sir explains the **Power of Belief** through examples from films of Harshad Mehta and Amitabh Bachhan and Dhirubhai Ambani (Guru)

BSR Sir shares the **Power of Belief System** with the example of Ratan Tata's decision to launch a Tata Nano car of 1 Lakh Rupees.

Story of a criminal who was sentenced to death: Once there was a team of researchers who took permission to give a criminal the unusual form of death. They went to him and explained the procedure of the unusual death to him. Four days later, they made him sit and tied his arms to a chair. They put a black mask cover on his face. Then they played a recorded tape of Cobra making hissing sound, and pierced two needles. Within 2 minutes, the criminal died.

Here, as the criminal knew in advance, how he was going to die exactly, he could see his death in imagination. The Subconscious Mind takes over the Conscious Mind.

When there is a belief it comes true. This is called PLACEBO EFFECT. When we visit the doctor we start recovering fast. Our mind agrees to the words and prescription of the doctor and this is the PLACEBO Effect.

BSR explains the speciality of the Commando Training 90 days challenge. Here he makes the belief system strong.

Sir shares a few inspiring and transformational feedbacks. The new batch of Commando Training is starting from 9 september.

Story-Negative Thought Becomes Negative Belief:

BSR Sir shares a story of four students namely Mohan, Naresh, Ram, and Shyam. They together planned to plant a negative thought in their school teacher's mind and fool him so that they get a chance to skip class for watching a movie. They became successful planting a negative thought of illness and finally, the teacher attracted a headache.

When there is a doubt, negative thought becomes a negative belief.

Negative beliefs have killed more dreams of people than anything else.

Sir explains the difference between **Fact** and **Belief**: The sun rises in the East is a Universal truth. This is a **Fact**.

If you think you can't do more, this is a **Limiting Belief**. Sir explains the concept of Limiting Beliefs with many suitable examples.

Jadav Molai, is an environmental activist and forestry worker from Majuli, popularly known as the Forest Man of India. On 1400 acres of land, he planted forest.

Limiting Beliefs is not a Fact. It's a Story.

A positive belief is good, negative belief needs to be changed.

How beliefs are created:

BSR Sir demonstrates with an example on white board. A boy Billu reaches football using a particular route on the other side of the fence. Next day Billu follows the same long route to reach his football even though there was a possible shortcut route. This happened because his habit is built to take the longer routes. Belief is created according to our capacity.

BSR Sir explains Many types of Limiting Beliefs

Steps to Identify, Break and Shift the LIMITING BELIEF (LB):

1) Identify the LB first.

2) Why do you want to break or get rid of LB.

3) Leverage (Example: CA student wanted to become a trainer), commitment to change life. Leverage makes work easier.

4) Stories = Calculation

5) What is the new Belief?

6) Examples to support new Beliefs.

7) What is stopping me from operating from a new belief?

**8) How can I change what is stopping me?
(Aadat sangat guru can help)**

9) Research

10) Live with the new Beliefs and

11) Celebrate small victories

BSR Sir mentions **Sindutai Sapkal** (Today's respected guest) as the biggest example of breaking limiting beliefs. We have got the privilege to hear from Maai Sindhutai in the Think Rich Show with BSR Sir where she narrates her real life experiences that made her strong enough to fight for life and also started providing shelter to many orphan children by now. She adopted around 1400 children and won many awards. Dr. Sindhutai Sapkal is a lady who fought against limiting beliefs in and extreme conditions and came out of those to serve the children of the society and the society as a whole. We salute Sindhutai.

WELCOME SINDHUTAI TO THE SHOW

The Magic of THINKING RICH
SEASON 4

JOIN US AT
YouTube Live
@CoachBSR
7:30 PM TO 9 PM

Dr. Sindhutai Sapkal
A Mother Figure For
Thousands of Orphans

Bhupendra Singh Rathore
International Motivational Speaker |
Business Coach | Author
Awards 2021

#ThinkRichIndia

The Greatest Contributor of India

Congratulations Sindhutai for the Greatest Contributor of India Award

10 Lucky Winners Contest 1: **Think Rich Gyani** Congratulations to the 5 lucky winners, on winning Gift Hampers from Mystery Bakery

The Magic of THINKING RICH

Day 15 Lucky Winners

Mystery Bakery
SINCE 2010
Real Taste of Mystery

1) Raj	1) mr.raj.yadav1796
2) Shaloo Singh	2) shaloo.singh.5876
3) Chirag	3) bhaliya.chirag.7547
4) Sunil prajapati	4) Millionaire_prajapati
5) Onkar sahu	5) Onkar00_official

Contest 2: Share feedback video testimonial and win the 90 days challenge **Commando Training.**

**Day 15 Lucky Winners
Commando Training**

1) Nitesh rohankar	1) Best Testimonials
2) Vivek kumar	2) Best Testimonials
3) Avi	3) Best Testimonials
4) Harshita	4) Best Testimonials
5) Pooja	5) Best Testimonials

Before this, BSR Sir explains the important information on the official attempt of **World Record on 5th of September.**

**MOST VIEWERS OF A
TIME MANAGEMENT LESSON
LIVE STREAM ON YOUTUBE**

By Bhupendra Singh Raathore

OFFICIAL ATTEMPT

The Record is Taking Place on
YouTube Channel **CoachBSR**

Only On YouTube Channel
CoachBSR

5th September 2021
@ 7:30 PM IST

Important Announcement:

BSR Sir happily and proudly announces the official attempt of the **World Record on 5th of September**, on the Teachers Day from 7:30 to 8:30 PM on Time management.

visit Page <https://www.askbsr.com/live> for all the information and stay up to date.

“IF YOU SUPPORT THE WORLD SELFLESSLY, THE WHOLE UNIVERSE SUPPORTS YOU ENDLESSLY”

BSR Sir ends Day 15 session with the gratitude message and celebration



Tomorrow Day 16, BSR Sir will share on generating the power of Purification in detail.

Thank You

