



POSTPARTUM RED FLAGS

Rx Postpartum

Fever

100.4

Or higher

High Blood Pressure

140/90

Or greater

Headache

New onset or unrelieved
with pain medicines

Visual changes

Spots in front of your eyes,
flashing lights, or unable to see
parts of your visual field.

Upper belly pain

Pain above your belly button on
the right-hand side that does not
go away. It can be dull aching,
throbbing or sharp.

Chest Pain

whether it is crushing pain, sharp
pain, or pressure, NO chest pain is
normal after delivery. It needs to
be evaluated



POSTPARTUM RED FLAGS

Rx Postpartum

Shortness of Breath

feeling like you can't take a deep breath, can't get enough breath, or having a hard time breathing

Heavy Vaginal Bleeding

Fully saturating a pad an hour or more and/or passing Orange sized clots

Persistent Nausea and Vomiting

Worsening Belly Pain

particularly in people who have had cesarean sections

Feelings of Hoplessness or Worthlessness

Feelings of Hurting Yourself or your Baby