

Train-the-Trainer

L'esprit Training Centre

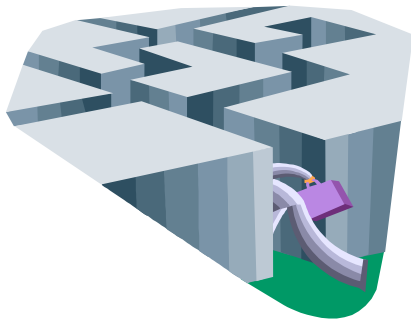
Training Manual



Live as if you were to die tomorrow. Learn as if you were to live forever.

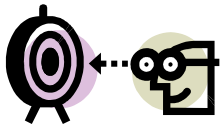
Gandhi

Module One: Getting Started



for more.

Welcome to the Train-the-Trainer workshop. Whether you are preparing to be a professional trainer, or you are someone who does a bit of training as a part of their job, you'll want to be prepared for the training that you do. This workshop will give all types of training tools to help create and deliver engaging, compelling workshops that will encourage trainees to come back



Workshop Objectives

Research has consistently demonstrated that when clear goals are associated with learning that the learning occurs more easily and rapidly. With that in mind, let's review our goals for today. By the end of this workshop, participants will be able to:

- Define training, facilitating, and presenting
- Understand how to identify participants' training needs
- Create a lesson plan that incorporates the range of learning preferences
- Create an active, engaging learning environment
- Develop visual aids and supporting materials
- Manage difficult participants and tough topics