LIP BALM

RECIPE

Lip balm (makes 100g = 6 x 15 g jars or 10 x10g aluminium tins )

15g beeswax

10g cocoa butter

50ml sweet almond oil

10g sunflower oil

15g Avocado or Apricot Kernel oil

10 drops essential oil (Peppermint, Grapefruit, Lemon, Geranium, Orange or Lavender)

Put all ingredients, except the essential oil, in a bain marie and allow the butter and wax to gently melt. Remove from the heat, add your drops of essential oils, stir and pour into a jar. Allow to cool before putting the lid on. Leave to set completely.

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