

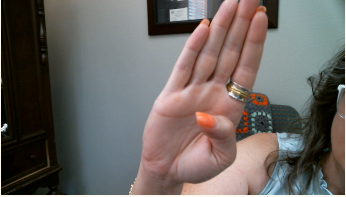



Acorn Parent: Planting Seeds



Overview of Modules

Module 1	Acorn's Adaptation of Dan Siegel's Hand Model Of the Brain*
 A hand model of a calm brain, showing the palm facing up with fingers slightly curled.	Calm Brain
 A hand model of a flipped brain, showing the palm facing down with fingers slightly curled.	Flipped Brain
 A hand model of a stressed brain, showing the palm facing up with fingers spread.	Stressed Brain
 A hand model of a panicked brain, showing the palm facing up with fingers spread and the thumb extended.	Panicked Brain
Module 2-4	Acknowledge the Feelings (Adapted from Child Parent Relationship Training) Communicate the Limits Target Acceptable Alternatives