

## We'll be using the design-thinking method.

This method has been used successfully for decades to solve major issues and create incredible solutions. It will work for us too. In this workshop, we'll be focusing on the first half of the approach. Pursue steps 4 and 5 after the workshop.

### Step 1: Research & discovery

We'll spend most of our time in self-awareness mode so that we can create a direction to head towards. We'll look at 3 parts... Since our work-life is such a big chunk of the rest of our life, we'll first consider what lifestyle we want to live. Once we have a better awareness of our lifestyle goals, we'll then explore how to find the sort of people we want to work with. After all, our coworkers make a huge impact on our work enjoyment. This may seem out of order, but we'll consider our skills, interests and purpose last. These aspects can be surprising adaptable.

### Step 2: Brainstorm & ideate

After the foundational work, it's time to let the ideas start rolling. Go crazy and don't edit yourself at this stage. Wild thoughts can lead to realistic aspirations.

### Step 3: Refine & plan

Grouping together our previous thoughts should lead to 2 or 3 strong possibilities. Then we'll devise ways to try out our options before completely diving in head first.

### Step 4: Prototype & experiment

Here's where you take action and turn your plans into experiments for discovery.

### Step 5: Evaluate & iterate

Evaluate your discoveries. Decide if you want to pursue it and what to change.

