# The BIGGEST Mistakes Strong Women Make IN DATING

## It's TIME to DATE LIKE A BOSS

Your mode of operation should be proactive and intentional. No more reactionary dating. Women who are proactive get the love they want out of life. START YOUR PATH to ATTRACTING WHAT YOU REALLY WANT by eliminating these ten mistakes from your life once and for all.

# Do you...

1

#### ☐ Use your masculine energy as a crutch?

If you find yourself throwing your "weight" around because you don't want anyone to take advantage of you. Or, you think, "This is just who I am." You may want to take a step back and ask yourself, "Is this a way for me to avoid being vulnerable?" A strong women is a beautiful thing. I consider strong women to have super powers, just like x-men, who had to learn how to use their super powers so they didn't unintentionally blowing sh&! up. If you don't learn how to use your power you will continue to scare men off.

2

# ☐ Have NO CLUE what a healthy relationship looks like?

You've been in a few bad relationships that've left you doubting if you even know what a healthy relationship is. You probably find yourself making the new guy suffer for the last idiots mistakes.

3

#### ☐ Choose the wrong candidate?

You have it all together when it comes to career, but you just can't seem to get it right when it comes to dating and relationships. So you end up wasting your time with the same ole guy just in a different body...and he's never what you need or he just won't commit.





# Do you...



#### ☐ Have trouble maintaining self-care?

You have a tendency to put everything and everyone else before you. Just because you can do it doesn't mean you should. A man can tell if a woman isn't taking care of herself from a mile away even when you look good on the outside.

5

#### □ Rely on others to determine your value?

When you aren't unapologetically grounded in who you are, you are like a feather in the wind. You base your value on the views of the people you spend the most time with or those you do the most for. Whether you want to admit it or not this makes you seem needy. Needy's not cute.

6

### Expect your partner to be a mind reader?

This is an unfair bylaw of doing business with you. No one is a mind reader and everyone has their own set of life experience that gives them their own mind and point of view. This makes you seem bossy and inflexible. Guys never want to be responsible for reading your mind. They will loose every time and they avoid women who make them feel like failures.

7

#### □ Blame others for your pain?

Are you constantly pointing the finger at those who have done you wrong? It's time to put your big girl panties on and accept your responsibility in the situation. When you continue to focus on the wrong others have done to you, you will continue to get more of it. What you focus on will grow.

8

## ☐ Are your Boundaries distorted?

When you don't accept who you are, what you like, your strengths, or weakness you'll accept the unacceptable. The line between where you end and someone else begins will be distorted and you begin to accept the unacceptable.



## Do You...

9

□ Love from a place of fear?

Love and Fear can't co-exist. Do you call him at odd hours because you need to know where he is or what he's doing...AND if he doesn't pick up you are ready to call it quits? Men can sniff fear out like a pig sniffing out truffles in the South of France. They will feed on your fear and you'll find yourself entangled in a dating mess.

10

☐ Have a distorted view of men?

"Men are dogs." If this phrase or any other generalization about men in your vocabulary, you have set yourself up for failure. You will continue to attract these type of men. Remember you get to keep what you defend. You get to have the mere thing you say is "just reality".



I know dating can be challenging and in most cases you may even give up before you start. If I didn't tell you the truth I wouldn't be a good coach. "You will need to date to be in the relationship you really want."

If you want to stop wasting your time and want be in a thriving healthy relationship it all STARTS WITH YOU. **Decide right** here, right now that you'll master the art of your alpha and dating.

You don't have to do it alone. **That's why the "Date Like A Boss" community was created.** Click here to learn how you can master the art of being an Alpha Female and Dating. Join our in a community of strong women like yourself.

You got this!! I know you do!!



