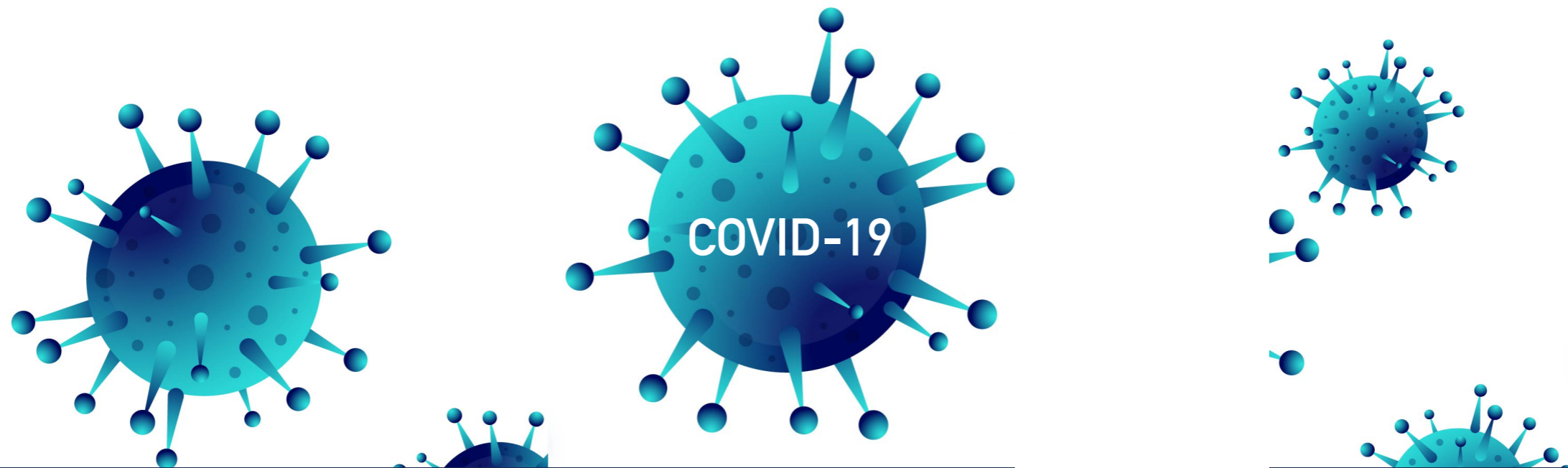
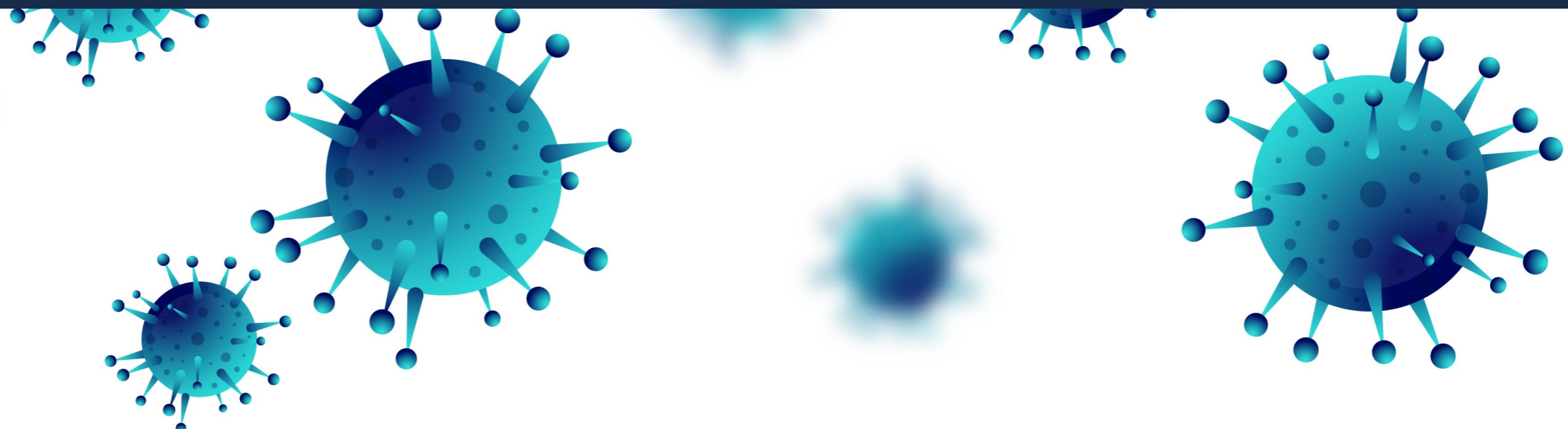


INTEGRATIVE AND FUNCTIONAL COVID-19 NUTRITION CORE COURSE



THIRD LINE DEFENSE: ADDITIONAL RESOURCES



Fiona McKiernan, MS, RDN, IFMNT

Integrative and Functional Medicine Nutritionist

Genomic Medicine Clinician

HELPFUL INFORMATION ON THE WHO AND CDC WEBSITE AND IRELANDS WOMENSAID.IE.

Listening. Believing. Supporting.
1800 341 900

We know what it's like to live in fear.
We can help. Please call us.

Need Help? Know Someone Who Does?

Contact the [Disaster Distress Helpline](#)

Call 1-800-985-5990 Click to go back, hold to see history

Contact the [National Domestic Violence Hotline](#)

Call 1-800-799-7233 and TTY 1-800-787-3224

Si usted o alguien a quien usted quiere se sienten abrumados con emociones como tristeza, depresión o ansiedad, o sienten que quieren hacerse daño a sí mismos o a los demás, llame:

- al 911
- a la línea telefónica de ayuda para sobrellevar la angustia provocada por desastres de la Administración de Salud Mental y Abuso de Sustancias (SAMHSA): 1-800-985-5990 o envíe un mensaje de texto que diga TalkWithUs al 66746. (Línea TTY: 1-800-846-8517)



COVID-19 and violence against women What the health sector/system can do

26 March 2020