



Institute of Clinically
Applied Hijama
Therapy

2 Day Advanced Cupping Therapy CPD Workshop
29th-30th July 2017

Advanced Cupping Therapy

Uncover the Scientific Basis Of Advanced Cupping Therapy
Techniques For Clinical Applications

2 Day Intensive Practical CPD Workshop



This workshop is designed to educate practitioners on the scientific basis and clinical applications of cupping therapy or myofascial decompression technique in its various forms. It explores the physiological mechanisms that make cupping therapy the treatment of choice for a number of high performance athletes and provides a structured way of understanding and minimising risks and side effects associated with the practice.

Using a combination of lecture based study and hands on technique master classes, students will gain an advanced understanding to the practice exploring a wide array of advanced cupping techniques and practices used in musculoskeletal medicine and high-end performance therapy. A bonus feature to this course is the inclusion of fire cupping techniques for a comprehensive understanding of the practice.



About the Instructor:

Dr Rizwhan Suleman is a Doctor of Chiropractic Medicine with over 10 years of experience using cupping techniques. He runs a

full time clinical practice in which he uses cupping as one of his main modalities. He is the Director of the ICAHT institute, has established clinics nationally and internationally and has been teaching CPD courses and lecturing on the related topic since 2013.



“I am very pleased. This has to be one of the best courses I have attended and it was worth all the travel”

Dr Fahad Al-Mutawa (Kuwait)

“I loved how hands on this course was and I have learnt so much! I cant wait to start using my cupping kit”

Nelufur Adam (Cardiff)

SAT 29TH JULY 2017		
9.00	Registration	
9.30	Introduction & overview	Theory
10.00	A modern history of cupping practice	Theory
11.00	Patient selection (indications, contraindications & legalities)	Theory
12:00	Evaluation of cupping apparatus (all cupping types)	Theory
12.30	Practical applications skills class	Practice
13:00	Lunch break	
14:00	Live demonstration of torso techniques for varied clinical objectives	Practice
14.45	Practical skills class	Practice
16:00	Fire cupping master class	Practice
17:00	Cupping techniques application & assessment	Practice
18:00	Review of methods, Open questions & demonstrations	Practice
18.30	End of Day 1	

SUN 30TH JULY 2017		
8.30	Registration	
9.00	Scientific Basis of Cupping Therapy	Theory
10.00	Overview of Scientific Literature and research on Cupping	Theory
11.00	Diversified Cupping Techniques for the Spine, Head and Neck	Practice
12.00	Clinical Applications of Abdominal and Chest Cupping	Practice
13.00	Lunch break	
14.00	Diversified Cupping Techniques for the Upper limb	Practice
14.45	Diversified Cupping Techniques for the Lower limb	Practice
15.30	Course recap, Overview Q & As	Practice
16.15	Feedback & Supplies & Certification.	Practice
17.00	End of Day 2	

Note: Class time schedule & content act as a guide only & are subject to change.

Entry Requirements:

As a CPD class this workshop is designed for manual therapists and health professionals alike, however the class is open to all students aspiring to become health professionals and therapists. This workshop is also designed to supplement those studying our distance learning hijama practitioner certification program. A basic understanding of anatomy and physiology is highly recommended.

Registration:

Course fees for this workshop are £449. Early bird registration (before 25/7/17) is £399. Registration and payment are to be made online via the following link:

<https://icaht.teachable.com/p/live-2-day-advanced-cupping-therapy-cpd-workshop>

Registrants will be provided with course notes, 17.5hrs of CPD certification and a complementary 6 cup cupping set with large handled pump and carry bag.



Location:

This 2 day CPD workshop will take place on the 1st floor lecture hall of the Institute of Clinically Applied Hijama Therapy:

83-85 Rolleston Street

Leicester

England

LE5 3SD

(Free on street parking available)

Accommodation:

Reputable local accommodation providers include:



Ibis Hotel Leicester City
St Georges Way, Constitution
Hill, Leicester LE1 1PL



Hotel Campanile
Bedford St N, Leicester
LE1 3JE

Note:

Registrants will be expected to participate in practical technique classes working on each other. Gender specific facilities are available for practical work groups. Appropriate clothing for practical class participation is recommended. Please bring a pen, paper, packed lunch and arrive on time.



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