

Metal Tangles Material's list

Keep in mind that I experimented with various types of materials and tools as to use the FEWEST specialized tools and supplies possible, so that we can enjoy this technique without a huge commitment or financial investment. Most of the tools you'll find in your artbox.

Art, Fantasy & Zentangle • Eni Oken • enioken.com



About the metal foils: typically speaking, metal embossing crafters use medium metal sheets that come in rolls — “medium” usually corresponds to 36 gauge — and they can be found in art supply stores. While these produce very good quality results, I found them hard to manipulate, after a little while my hands hurt because they are quite

thick. So while you can use the same exact techniques shown in the lesson, I did NOT use craft metal sheet, I used metal foil tape that is typically found in hardware stores. My recommendations are as follows:

Supplies you will need:

- Metal Foil tape: Nashua's Waterproofing Repair Metal tape. This is the thickest one, others are thinner and flimsier. It is still nowhere as thick as craft metal sheet. You can find it at a hardware store or on Amazon. One roll is only \$10 and will last you a LONG time, you can share it with a friend. <https://amzn.to/2yMP1I0>
- 1/4" Copper foil tape: Master Foil Plus by Ventura. Optional, but nice to have to give some color. You can get other brands, but this was the nicest and smoothest one I tried or all. Be careful to not get one that is too thin, or it won't work. One roll will last you a long time, you can share it with a friend. <https://amzn.to/2q01wpb>
- Craft foam or mouse pad. Soft surface to work on. If you love your mousepad, keep in mind that it WILL get dirty. <https://amzn.to/2Cro3Tm>
- A sharp pencil. I like to use a 2H because the graphite is hard, but you can use any pencil you like.
- Ball point pens. They don't need to be empty, in fact, they work better if they have ink. I use two kinds, one with a thinner point (gel pen) and one regular ball point.
- A manicure flat stick or a popsicle stick.

- A blending stump. Make sure you don't use your good one, it will get a little destroyed.
- A pair of scissors.
- White glue
- Thick cardstock paper. I use hot pressed watercolor paper.
- Any brand black acrylic paint.
- A medium size paintbrush to apply acrylic paint. Make sure it's not one of your best brushes.
- Paper towels. Lots of it.
- Plastic food wrap, e.g. Saran wrap. Any brand.

Materials that are completely OPTIONAL.

- Craft metal sheet. As mentioned, I will NOT use this in the lesson. It's completely up to you to get this or not. The only advantage is that it holds its shape a little nicer, but is VERY hard to work with, hard on the hands. <https://amzn.to/2RXX9I1>
- Spackle. Use to fill the back of very highly embossed shapes so they don't get flattened accidentally. If you are careful with the work, you DON'T need this. It smells really badly, nasty fumes. <https://amzn.to/2RY7NOW>

