

HOW TO GET THROUGH YOUR STORM

Buddy Owens
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“That day, when evening came, [Jesus] said to his disciples, ‘Let us go over to the other side.’ Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, ‘Teacher, don’t you care if we drown?’”
Mark 4:35–38 (NIV)

THE DISCIPLES WERE IN THE STORM BECAUSE OF THEIR

_____.

JESUS DOESN’T PROMISE TO KEEP ME OUT OF STORMS, BUT HE

DOES PROMISE TO GET ME _____ THEM.

“He got up, rebuked the wind and said to the waves, ‘Quiet! Be still!’ Then the wind died down and it was completely calm. He said to his disciples, ‘Why are you so afraid? Do you still have no faith?’ They were terrified and asked each other, ‘Who is this? Even the wind and the waves obey him!’”
Mark 4:39–41 (NIV)

WHEN YOU _____ THE LORD, THERE IS

NOTHING ELSE TO FEAR.

I CAN’T SURRENDER AND BE IN CHARGE AT THE SAME TIME.

“Immediately Jesus made the disciples get into the boat and go ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray. When evening came, he was there alone, but the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.”
Matthew 14:22–24 (NIV)

GREAT SPIRITUAL HIGHS ARE OFTEN FOLLOWED BY DEEP

LOWS.

“During the fourth watch of the night Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. ‘It’s a ghost’ they said, and cried out in fear. But Jesus immediately said to them: ‘Take courage! It is I. Don’t be afraid.’ ‘Lord, if it’s you,’ Peter replied, ‘tell me to come to you on the water.’ ‘Come,’ he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, ‘Lord, save me!’ Immediately Jesus reached out his hand and caught him. ‘You of little faith,’ he said, ‘why did you doubt?’”
Matthew 14:25–31 (NIV)

_____ **FAITH IS ENOUGH FOR A MIRACLE.**

THE FAITH I HAVE IN JESUS RIGHT NOW IS _____

TO GET ME THROUGH THIS STORM.

“And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, ‘Truly you are the Son of God.’”
Matthew 14:32–33 (NIV)

“The Lord has his way in the whirlwind and in the storm, and the clouds are the dust of his feet.”
Nahum 1:3 (NKJV)

1. obedience 2. through 3. fear 4. little 5. enough

如何渡過你人生的風暴

巴迪·歐文斯

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「那天傍晚，耶穌對門徒說：『我們渡到湖對岸去吧！』於是他們就帶耶穌上船出發，離開了人羣，只有一些船還跟在後面。可是，不久卻颳起了猛烈的風暴，巨浪打進船內，船裏開始進水了。耶穌正在船尾枕着枕頭睡覺。門徒叫醒他，喊着說：『老師，我們快淹死了，你都不在乎嗎？』」
馬可福音 4:35-38 (新普及譯本)

門徒因_____而處身風暴中

耶穌沒有應許讓我遠離風暴，但祂確實應許領我_____
風暴

「耶穌醒來，喝斥狂風，又對浪說：『安靜！止住！』突然，風就停了下來，湖面一片平靜。他問門徒：『你們為甚麼害怕呢？還是沒有信心嗎？』門徒都驚恐不已，彼此相問：『這人到底是誰？連風浪都服從他！』」

馬可福音 4:39-41 (新普及譯本)

當你_____上主，就別無所懼

我不能既順服又掌控

「耶穌立刻催門徒上船，叫他們先到對岸去，他卻留下來叫羣眾散開。他解散了羣眾，就獨自上山去禱告。到了晚上，他還是獨自一人在那裏。那時門徒的船已經離岸數公里，因為逆風，被波浪沖擊。」
馬太福音 14:22-24 (新譯本)

靈性高峰之後往往是深谷

「夜裏四更天，耶穌在海面上走，往門徒那裏去。門徒看見他在海面上走，就驚慌了，說：『是個鬼怪！』便害怕，喊叫起來。耶穌連忙對他們說：『你們放心！是我，不要怕！』彼得說：『主，如果你，請叫我從水面上走到你那裏去。』耶穌說：『你來吧。』彼得就從船上下去，在水面上走，要到耶穌那裏去；只因見風甚大，就害怕，將要沉下去，便喊着說：『主啊，救我！』耶穌趕緊伸手拉住他，說：『你這小信的人哪，為甚麼疑惑呢？』」
馬太福音 14:25-31 (和合本)

_____的信心足以創造奇蹟

我現在對耶穌的信心，_____讓我渡過這場風暴

「他們上了船，風就平靜了。船上的人都拜他，說：『你真是 神的兒子。』」
馬太福音 14:32-33 (新譯本)

「他（耶和華）乘旋風和暴風而來，雲彩為他腳下的塵土。」

那鴻書 1:3 (和合本)