



PARENTS FOR LIFE

Fundamental parenting Principles

Name: Age:

Date:/...../..... **Optional:** Gender Male Female

Job Title:

- 1 – Strongly disagree 2 – Slightly disagree and very often not true of me
 3 – Uncertain 4 – Slightly agree and often true of me
 5 – Strongly agree
- Don't leave any statements blank**

A	In the beginning.....					
1	I am raising my children with love and affirmation.	1	2	3	4	5
2	I was wounded but I am not angered by the way I was parented.	1	2	3	4	5
3	I treated my parents with respect, recognition and esteem.	1	2	3	4	5
4	I was not disciplined in anger and the concept of discipline is therefore not difficult for me.	1	2	3	4	5
5	I have completely forgiven my parents for the mistakes they made.	1	2	3	4	5

6	As a parent I am passing God's blessings on to my children and their children.	1	2	3	4	5
7	I have released my parents from any judgements I may still be holding against them.	1	2	3	4	5
8	I can honestly say that I have been healed from my (wounded) past in the way that I was parented.	1	2	3	4	5
9	There is no rebellion in my own heart against my parents.	1	2	3	4	5
10	I grew up (with/without one or both parents) but have never experienced any feelings of abandonment or anger.	1	2	3	4	5
B	It takes two.....					
11	I am preparing my children for their destiny.	1	2	3	4	5
12	Our house is not divided against itself.	1	2	3	4	5
13	My children can count on my relationship as the basis for the family.	1	2	3	4	5
14	Our family life is based on stability and security.	1	2	3	4	5
15	The foundation of our family lies in mature, healthy and holy ways.	1	2	3	4	5
16	Our family is a secure place where our children can live and grow.	1	2	3	4	5
17	Manipulation, control and intimidation are not part of my parenting role.	1	2	3	4	5
18	Both parents are in agreement about how we will work together as a team in parenting our children.	1	2	3	4	5
19	My children know that they will never have to face the break-up of our family.	1	2	3	4	5
20	We have invested blessing in our children so that they will have an inheritance that will overflow into the lives of their children.	1	2	3	4	5

C	Treasuring					
21	I treat my children as unique.	1	2	3	4	5
22	I know how to treasure the unique temperaments of my children.	1	2	3	4	5
23	I know what the spiritual gifts of my children are.	1	2	3	4	5
24	I know in what ways my children express and receive love.	1	2	3	4	5
25	I love my children unconditionally.	1	2	3	4	5
26	My love for my children is such that it isn't easily angered and doesn't provoke the children to anger.	1	2	3	4	5
27	My love for my children is beyond measure and I valued them as a special gift of God.	1	2	3	4	5
28	I have set healthy boundaries to protect our children.	1	2	3	4	5
29	I have a true relationship with God, which makes it easy to treasure my children.	1	2	3	4	5
30	I don't cause hardship, rejection, pain and discouragement in my children.	1	2	3	4	5
D	Investing					
31	I am investing a significant amount of time in my children (for example love, care, discipline, effort and excellence).	1	2	3	4	5
32	My children know that I am there for them, for example, when they participate in sport, receive awards, need help with their homework and when they struggle with tough decisions in their life.	1	2	3	4	5
33	I am there for my children, i.e. spend a significant amount of time in one-on-one interaction with my children.	1	2	3	4	5

34	I invest in my children's lives with the positive words I speak.	1	2	3	4	5
35	I am a parent who speaks life in my children's ears.	1	2	3	4	5
36	I can honestly say that I treat my children the way I wish to be treated.	1	2	3	4	5
37	My character as parent reflects God's nature.	1	2	3	4	5
38	As parent I listen more than talk and teach more than preach.	1	2	3	4	5
39	My children can best learn to deal with feelings from the way I share and handle my own feelings. My emotional health is sound and they can do as I do and not as I say.	1	2	3	4	5
40	I am setting a godly example, as the first picture children see of God is their parents.	1	2	3	4	5
E	Training					
41	I have trained my children to develop a godly character. (These godly characteristics are love, joy, peace, long suffering, kindness, goodness, faithfulness, gentleness and self-control).	1	2	3	4	5
42	My relationship with my children provides the bridge for sound communication, understanding and growing together.	1	2	3	4	5
43	Our rules do not foster rebellion, and fit the maturity of the children.	1	2	3	4	5
44	The boundaries I set as parent are healthy and focus on the do's instead of the don'ts.	1	2	3	4	5
45	I am the greatest bridge to God for my children and not the greatest barrier to my children reaching God.	1	2	3	4	5
46	My children can honestly say that I have treated them consistently.	1	2	3	4	5

47	I am very proactive in my prayers and intercede for my children.	1	2	3	4	5
48	My style of teaching is not manipulation or domination, in other words not to get children to do what is best for me instead of what is best for them.	1	2	3	4	5
49	I have taught my children the absolute truth, and that a lie is a lie and that it is true for all people at all times and at all places.	1	2	3	4	5
50	I have released my children to be creative, curious, and inventive and to explore and seek the truth.	1	2	3	4	5
F	Discipline					
51	I have not exercised parental authority in a heavy-handed way.	1	2	3	4	5
52	I set boundaries in advance and I spell out in advance the consequences of overstepping those boundaries.	1	2	3	4	5
53	I don't normally react emotionally in anger when disciplining my children.	1	2	3	4	5
54	My discipline to my children is to train, teach and correct their behaviour to develop godly character in them.	1	2	3	4	5
55	My discipline results in repentance at the end of the day.	1	2	3	4	5
56	My discipline is accompanied by forgiveness.	1	2	3	4	5
57	I am consistent in applying the consequences previously stated to my children.	1	2	3	4	5
58	I discipline my children in such a way that they will prosper materially, personally and spiritually.	1	2	3	4	5
59	I don't hold any unforgiveness towards my own parents for the way that I was disciplined.	1	2	3	4	5

60	My discipline is not punishment to hurt or crush my children's spirit and therefore not punitive and retaliatory.	1	2	3	4	5
G	Teaching					
61	I am teaching my children various scriptures from the Word of God.	1	2	3	4	5
62	I am teaching my children to obey and respect authority.	1	2	3	4	5
63	I am teaching my children what God's ways are about the situations in life and who they are in Christ.	1	2	3	4	5
64	I am teaching my children the laws of love and to love others, and that they can watch me as a parent expressing love to others.	1	2	3	4	5
65	I am teaching my children to pray, and they can see/watch me praying.	1	2	3	4	5
66	I am teaching my children to take responsibility for their feelings and emotions.	1	2	3	4	5
67	Through my teaching I am not creating a blaming, victim mentality in my children.	1	2	3	4	5
68	I am teaching them to take problem-solving steps that will eventually lead them out of the problems into solutions, and to make the right decisions.	1	2	3	4	5
69	I am teaching my children to distinguish between wants and needs.	1	2	3	4	5
70	I am teaching my children to choose blessing rather than cursing.	1	2	3	4	5
H	Release					
71	I as parent don't struggle to release my children.	1	2	3	4	5

72	I am really helping my children to grow and mature so that the final release into adulthood will be a blessing.	1	2	3	4	5
73	In order to release my children, I am training them to be able to handle money and a budget responsibly.	1	2	3	4	5
74	In order to release my children, I am training them to work as volunteers or for money with integrity and productivity.	1	2	3	4	5
75	In order to release my children, I am training them to take responsibility for their feelings, thoughts and behaviour.	1	2	3	4	5
76	In order to release my children, I am training them to keep promises, fulfil contracts and to discipline themselves.	1	2	3	4	5
77	In order to release my children, I am training them to be your friend, confidant and colleague in your ministry.	1	2	3	4	5
78	In order to release my children, I am training them to be able to serve others humbly and effectively.	1	2	3	4	5
79	In order to release my children, I am training them to be able to pray, minister, share, and study the Scriptures and be a witness of their faith.	1	2	3	4	5
80	In order to release my children, I am training them to be able to choose trusted friends who edify and encourage them.	1	2	3	4	5
81	In order to release my children, I am training them to be able to consistently make the right decisions.	1	2	3	4	5
82	I have worked hard to make my children interdependent on each other.	1	2	3	4	5

83	I am training my children to be good stewards versus good consumers.	1	2	3	4	5
84	My children can see that I imitate Jesus and say and do pure things.	1	2	3	4	5
85	I help my children to be focused and that trials and tribulations are their passages to the next level of prosperity and success.	1	2	3	4	5
86	I teach my children how to manage money, and have been an example to them of how to handle money.	1	2	3	4	5
87	I am making my house a building block of the church.	1	2	3	4	5
88	I am gradually increasing my children's responsibility and privileges over the years.	1	2	3	4	5
89	I am sowing into my children that they can bear fruit and sow seed into their children.	1	2	3	4	5
90	I am enhancing my relationship with my children and we have a vibrant life together.	1	2	3	4	5
I	Destiny					
91	I can honestly say that I have done my best to help my children to reach their destiny.	1	2	3	4	5
92	I have learnt to assess my children's temperament, love, language, spiritual gifts and learning styles.	1	2	3	4	5
93	My children know that God has a unique plan for them.	1	2	3	4	5
94	I am encouraging my children to exceed beyond themselves, launching them into greatness	1	2	3	4	5
95	I am coaching and cast visions for my children.	1	2	3	4	5
96	I am guiding my children to reach their God-given call.	1	2	3	4	5

97	I am depositing courage, bravery, boldness and assertiveness in my children.	1	2	3	4	5
98	I am successfully mentoring my children in managing money wisely and avoiding credit cards and debt.	1	2	3	4	5
99	I am successfully mentoring my children in buying and selling things.	1	2	3	4	5
100	I am successfully mentoring my children in developing and staying in a covenant relationship one day.	1	2	3	4	5
101	I am successfully mentoring my children that they have to parent their children in the ways of God.	1	2	3	4	5
102	I am successfully mentoring my children in working productively and responsibly.	1	2	3	4	5
103	I am successfully mentoring my children in serving and worshiping God.	1	2	3	4	5
104	I am successfully mentoring my children in utilising their gifts and talents for the Kingdom of God.	1	2	3	4	5
105	I am successfully mentoring my children in making the right decisions and growing through wrong ones.	1	2	3	4	5
106	I am successfully mentoring my children in choosing and keeping godly friends.	1	2	3	4	5
107	I am successfully mentoring my children in living a pure life joyfully.	1	2	3	4	5
108	I am successfully mentoring my children in prospering in every aspect of life.	1	2	3	4	5
109	I am an invaluable counsellor and mentor to my children as they grow into courtship, marriage and parenting.	1	2	3	4	5

110	I am leaving a legacy behind that includes good financial management as well as teaching God's truth to my children.	1	2	3	4	5
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Compiled by Dr Mario Denton

Mario is an optimist who has a passion for people and tutoring and a real love for life. He has devoted his career to people management and facilitating complex and perpetual change. Mario uses his strong academic and corporate background and his uniquely effective coaching style to help people tap into their inner being to utilise their strengths and expand their skills.

He has been the study leader of 160 MBA research projects to date, has published 12 books and various articles and has read papers at 32 conferences worldwide. He is an international teacher and industrial psychologist, as well as a business consultant.

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Dr Mario Denton is a passionate Business Coach.

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