

Questions for Death Doula/Shamanic Service Work



As we have listed and discussed, you have many different ways to be of service to someone who is in need of a death doula. Your work, at this point in the training, is to get clear with yourself on how you wish to be of service. There are so many ways you can offer assistance.

Your deep work is to know your human design well enough to know what YOUR unique medicine is to offer the world. This is the part of the training that will take the most time and heartfelt dedication in preparation for service. The better you know your profile, channels, gates and incarnation cross in Human Design, the more skilled you will be in service to humanity.

- 1. Are you interested in working one on one in-person with individuals through spiritual counseling, shamanic life coaching, intuitive consulting? If you like intimate connections and sharing guidance, consider offering consultations to assist with the overwhelm of end-of-life planning. You can assist clients in creating not only their End-of-Life Plan, but also creating ritual and alternative funeral arrangements as they construct their Emotional Trust and Energy Legacy with you. You can be very helpful to the client by offering natural burial and funeral alternative resources and legal forms. These sessions can take place virtually through Zoom. Sharing documents is easy through Zoom since you can share a screen.**
- 2. Do you offer energy healing sessions? Energy work as a supportive treatment during the dying process is very important and much needed. You can also offer sessions for caregivers and loved ones as a way of processing grief.**
- 3. Do you like to hold group classes, ceremonies and coaching programs? You can offer a group session for the family to assist the community of the loved one in processing the transition with helpful stress relief exercises, meditations and rituals.**
- 4. Are you interested in holding vigil at the client's home during the transition process? You can relieve caregivers, hold space with prayer and energy work along with offering space clearing services.**
- 5. Are you a shamanic practitioner who holds sacred ceremonies? If so, you can make your services available to offer funeral rituals and end-of-life celebrations. This is an excellent way to be creative and help the community of the loved one come together to process the experience. The client preparing for transition can be involved to make the ceremony preparations as meaningful and intentional as possible.**

In order to offer any of these services, you need practice to become proficient with any of these offerings and you will benefit from having a thorough intake process in order to meet the needs of your clients. Sit with these offerings and see what speaks to your heart. Evaluate your human design profile and ask yourself: How do I work best-with groups or

individuals? Do I enjoy all of these ways of being of service or just some of these options?