

Kneipp

The Original Naturopathic Self-Care Essentials

Many of the potent herbs that Sebastian Kneipp, a pioneer in naturopathy, used for his healing treatments are the basis of Kneipp formulations today.

This herbal bath and body line isn't just made to make you feel good for a moment—it's made to help you feel good for a lifetime.



FOUNDED IN GERMANY 130 YEARS AGO

Developed by Sebastian Kneipp in 1891, Kneipp holistic health practices combine immersion in nature, hydrotherapy, and herbalism.

THE EUROPEAN HERBAL TRADITION

Sebastian Kneipp had an herbal tool chest (his "pharmacy"), which included powerful botanicals such as arnica and valerian. Herbs are the basis of Kneipp formulations today.

LUISENHALL MINERAL SALTS

Kneipp mineral salt is extracted at a depth of 460 meters from the brine of a 250-million-year-old primeval sea, untouched by environmental influences.



The Kneipp Legacy

Popularized in Bad Wörishofen, Germany by Sebastian Kneipp, a Bavarian monk, naturopathy found its way to the US in the 1800s. Inspired by centuries-old healing practices, Kneipp prescribed forest bathing, hydrotherapy, and phytotherapy, along with five wellness pillars for health and longevity. He is widely recognized as the "father of preventive medicine."

Kneipp

MINERAL BATH SALT • BATH OIL • FOOT CARE
• BODY WASH • SHOWER FOAM • BUBBLE BATH
• BODY GEL, LOTION, OIL, & SCRUB



ROSEMARY
& MINT



LAVENDER



CALENDULA



ARNICA



LAVENDER

ALMOND



EUCALYPTUS

