

## SSC Style #1- Traditional Chart of Challenges



- A handwritten chart.
- Divide into three sections; Spirit, Mind, and Body.
- On one side of the board write all the challenges.
- Create a point tracker system. (module 5 lesson#2)
- Determine the reward.

## SSC Style #2- Simple Summer Challenge

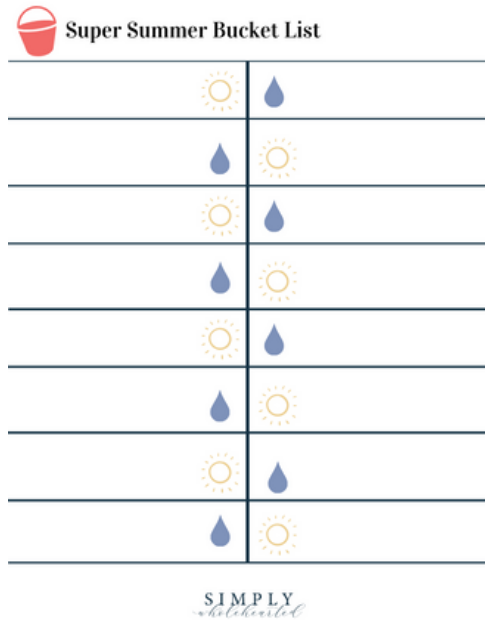
- Handwritten or quick start printout
- Divide into three sections; Spirit, Mind, and Body
- Choose one new thing to try and one skill to grow
- Create your unique tracker system (module 5 lesson #2).
- Determine how you will celebrate when you've reached your objective.

Simply Summer Challenge		SIMPLY wholehearted	
Spirit		Mind	
		Body	
Name: _____			
Try:			
Grow:			
Celebrate:			
Name: _____			
Try:			
Grow:			
Celebrate:			
Name: _____			
Try:			
Grow:			
Celebrate:			
Name: _____			
Try:			
Grow:			
Celebrate:			

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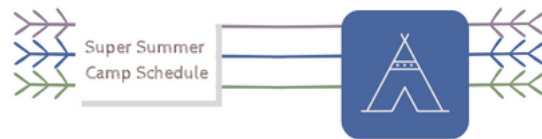
## SSC Style #5- Summer Bucket List



- Create your Summer Schedule, break it down by month, week then day.
- Write all your fun list ideas on slips of paper.
- Pull out a few fun ideas at the beginning of the week.
- Plan on date for each kid a month as a reward.

## SSC Style #6- Camp Style

- Create your Summer Camp Schedule, break it down by hour time blocks.
- Use your bucket and need-to-do list ideas for inspiration.
- Plan out the activities you will repeat every day.
- Add in a few new or away from home adventures
- Build in character awards and challenges to meet them.



	Monday	Tuesday	Wednesday	Thursday	Friday
7 AM	Pancake Breakfast	Granola and Yogurt Breakfast	Bacon and Eggs Breakfast	Cereal Breakfast	Donut Breakfast
8 AM	Cabin Clean up	Cabin Clean up	Cabin Clean up	Cabin Clean up	Cabin Clean up
9 AM	Arts and Crafts	Museum Tour	Hike and Picnic Prep	Game Stations	Clay or Playdough
10 AM	Arts and Crafts	Museum Tour	Hike and Picnic	Game Stations	Independent Play
11 AM	Bikes and Scooters	Museum Tour	Hike and Picnic	Bikes and Scooters	Water Adventure
NOON	Hot Dogs	Hobo Meals	Picnic Lunch	Personal Pizzas	Sack Lunch
1 PM	Family Puzzle	Bikes and Scooters	Nature Collection Preservation	Bikes and Scooters	Water Adventure
2 PM	Reading or quiet time	Reading or quiet time	Reading or quiet time	Reading or quiet time	Water Adventure
3 PM	Independent Play	Independent Play	Independent Play	Independent Play	Water Adventure
4 PM	Family Puzzle	Family Puzzle	Family Puzzle	Family Puzzle	Reading or quiet time
5 PM	Meal Prep	Meal Prep	Meal Prep	Meal Prep	Meal Prep
Bonus Evening Activity	Flashlight tag	Game night	Outdoor movie night	Toast marshmallows	Night under the stars