

C is for Consequences and Choices

Positive Consequences are the things that the children like and that the parents feel comfortable giving.

Children like to be told they are doing well. It allows them to keep doing something because they know it is appropriate.

By being responsive to children, they will be motivated to do tasks asked of them.

The more the consequences make sense and are related to the behaviour, the quicker the learning will be.

Rules for Positive Consequences

- Explain what you would like and why
- Give clear messages
- Catch the child doing the desired behaviour. Praise the effort you are observing.
- Deliver the consequence (positive or negative) immediately following the behaviour
- Ensure lots of opportunity to obtain positive consequences
- Be consistent
- Keep consequences age appropriate
- Switch up consequence routines- this may be helpful to children that need more direction. Use different tools to help your child learn.
- Expect the desired behaviour

