## THE AWESOME POWER OF PRAISE

How Praising God Changes Every Situation! Pastor Rick Warren January 16, 2022

"Let everything that has breath praise the Lord!"

Psalm 150:6 (NIV)

JESUS: "True worshipers worship the Father in spirit and in truth. That's the kind of worshipers the Father seeks." John 4:23(NIV)

GOD: "These people claim to be mine and praise me with their lips, BUT they don't mean it! Their hearts are somewhere else, far from me. Their worship of me is just a routine repeated without thinking." Isaiah 29:13

"I will praise you, Lord, with my whole heart!" Psalm 138:1 (NIV)

"Let us praise the Lord and sing for joy to God who protects us!"

Psalm 95:1 (TEV)

## WHAT HAPPENS WHEN I PRAISE GOD WITH ALL MY HEART?

## 1. PRAISING GOD lifts my \_\_\_\_\_.

"Why am I so discouraged? And why am I so troubled and upset? Instead I will put my hope in God, and I will PRAISE HIM once again as my Savior and my God! When my heart is breaking. I remember your kindness."

Psalm 42:5-6 (TEV/NLT)

"To all who mourn in Israel, he gives beauty for ashes, joy instead of sadness, and praise instead of despair." Isaiah 61:3 (NLT)

## 2. PRAISING GOD helps me sense His

"The righteous praise your name and they live in your presence." Psalm 140:13 (TEV)

"God, we praise you and thank you because you are near."

Psalm 75:1 (NCV)

## 3. PRAISING GOD my perception of him

"I will praise the name of God with a song and I will MAGNIFY him with thanksgiving." Psalm 69:30 (ESV)

## When God gets larger in my life, my problems shrink

"The Lord is GREAT and is worthy of our highest praise because HIS GREATNESS is beyond understanding." Psalm 145:3 (TEV)

## 4. PRAISING GOD reveals solutions that I can't see

David "I tried to understand all that was happening to me, but it was too difficult to figure out until I went into the sanctuary of God." Psalm 73:16-17

"Enter his gates with thanksgiving and come into his courtyard with praise! Psalm 100:4 (GW)

## 5. PRAISING GOD reminds me of his .

"Praise the Lord, I tell myself! With my whole heart, I will praise his holy name. Praise the Lord, I tell myself, and remember all the good things he does for me. He forgives all my sins. He heals my illness. He saves my life. He surrounds me with love and tender mercy. He fills my life with good things!" Psalm 103:1-5

## 6. PRAISING GOD enlists God's protection

"So the king appointed singers to walk ahead of the army singing praise to the Lord and praising him. They sang 'Give thanks to the Lord because his faithful love endures forever!' The moment the people started singing and praising, the Lord caused the opposing forces to start attacking each other and they were completely defeated!" 2 Chronicles 20:21-22 (TEV)

"The Lord protects and defends me when I trust him. He helps me and fills me with jov as I praise him." Psalm 28:7 (TEV)

## 7. PRAISING GOD frees me and

"About midnight Paul and Silas were praying and singing songs to God as the other prisoners listened. Suddenly, there was a strong earthquake that shook the foundation of the jail. Then all the doors of the jail broke open, and all the prisoners were freed from their chains." Acts 16:25-26 (NCV)

1. spirit 2. presence 3. enlarges 4. blessings 5. open doors

# SADDLEBACK NOTES

#### 當上帝在人生中變得越大,我的問題就變小了

「上主是偉大的!他配受最大的讚美!他的偉大無人能測度。」

詩篇 145:3 (新普及譯本)

#### 4. 讚美上帝會揭示我看不到的解決方法

「我思索怎能明白這事,眼看實係為難,等我進了神的聖所...」

詩篇 73:16-17 (和合本)

「當稱謝進入他的門;當讚美進入他的院。」

詩篇 100:4 (和合本)

#### 5. 讚美上帝幫助我緊記祂的

「我身我心啊,要讚美上主,我要全心全意讚頌他的聖名。我身我心啊,要讚美上 主,絕不忘記他對我的恩惠。他赦免我所有的罪過,醫治我所有的疾病。他救贖我 擺脫死亡,以愛和憐恤作我的冠冕。他使我的生活充滿美善。」

詩篇 103:1-5 (新普及譯本)

#### 6. 讚美上帝可以得到祂的保護

「王指派唱歌的人走在軍隊前面,向上主歌唱,為他神聖的光輝讚美他。他們這樣 唱着:「要感謝上主,他信實的慈愛永遠長存!」就在他們開始歌唱讚美的那一刻,上主使亞捫、摩押和西珥山的軍隊自相殘殺起來。」

歷代志下 20:21-22 (新普及譯本)

「上主保佑我・衛護我;我一心信靠他。他幫助我・使我快樂;我要歌唱頌讚他。」
詩篇 28:7 (現代中文譯本)

7. 讚美上帝使我自由,並

「半夜·保羅和西拉祈禱·又唱詩讚美上帝·其他囚犯都在聽。突然·發生了大地 震·連牢房的地基也搖動了。牢房的門頃刻間全都開了·所有囚犯的鎖鏈也都脫落 了!」 使徒行傳 16:25-26 (新普及譯本)

## 1. 我的靈 2. 同在 3. 擴大 4. 祝福 5. 打開大門

# SADDLEBACK NOTES

# 讚美的奇妙大能

上帝如何帶來改變 華理克牧師 2022年1月16日

「凡有氣息的都要讚美耶和華!」

詩篇 150:6 (和合本)

「真正敬拜的人·要在心靈和真理中敬拜父·父也在尋找這樣敬拜他的人。」 約翰福音 4:23 (新普及譯本)

「因此主說:「這些人說他們屬於我,但他們用嘴唇尊敬我,內心卻遠離我。他們 對我的敬拜,不過是死記硬背的人所定的規則。」

以賽亞書 29:13 (新普及譯本)

「耶和華啊,我全心全意地稱謝你。」 詩篇 138:1 (當代聖經)

「來吧·讓我們向上主歌唱!向拯救我們的磐石歡呼。」 詩篇 95:1 (新普及譯本)

#### 當我全心全意讚美上帝時會發生的事

#### 1. 讚美上帝振奮 \_\_\_\_\_\_

「我為何這般沮喪?我的心為何如此憂傷?我要仰望上帝!我要再次讚美他—我的 救主·我的上帝!我深感沮喪...·我都會念記着你。」 詩篇 42:5-6 (新普及譯本)

「他要向以色列所有悲傷的人賜下美麗的冠冕代替爐灰·賜下欣喜的祝福代替悲 傷·賜下歡樂的讚美代替絕望。」 以賽亞書 61:3 (新普及譯本)

#### 2. 讚美上帝幫助我感受到祂的

「義人必頌讚你的名字,正直人必活在你的面前。」 詩篇 140:13 (新普及譯本)

「上帝啊,我們讚美你!我們感謝你,因你就在我們身邊。」

詩篇 75:1 (新普及譯本 / 意譯)

## 3. 讚美上帝\_\_\_\_\_\_我對祂的認知

「我要用詩歌讚美神的名,以感謝尊他為大。」 詩篇 69:30 (新譯本)