



Chart Harmony How-To

plan·it planner



The Chart Harmony Formula

Using your **plan•it planner**, you will not need to calculate the daily colors for yourself. Just in case you'd like to do so, though, here is your how-to!

The **Chart Harmony** formula is simply this: Pick a planetary day of the week, add in an numerological signature, and check the sign the Moon is in. This blending of 3 factors creates 756 unique combinations TO START! Yes, that's a lot. So, to keep it simple, we're playing with combos of **6 COLORS**.

1

STEP ONE

Identify the planetary day of the week.

2

STEP TWO

Add up the numerological signature for that day.

3

STEP THREE

Check the sign the Moon is in (bonus points for its phase).

Now, you'll likely notice that there are times — more often than not, actually — that the colors of the days are not as straightforward as ONE single color being the experience we get. Right! Because there are factors beyond these 3 steps to consider.

Considerations impacting the way the colors of our days align *into* the overall **Chart Harmony** experience YOU will have may include:

- ~ rulers of the signs
- ~ conditions (how happy a planet is, in any particular sign)
- ~ transits & aspects
- ~ retrogrades
- ~ phases of the Moon
- ~ Sun sign seasons
- ~ your natal colors (and the relationships in your chart)

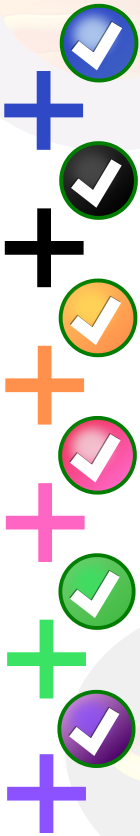
Most significantly, each of the 3 steps is timed differently. Planetary days of the week begin at sunrise. Numerology begins at midnight. And the Moon changes signs at various times of day all year long!

The Chart Harmony Code



Keeping in mind that the list of considerations on the following page will factor into how the **Chart Harmony** colors show up in your **plan•it planner** (and in your life), here's the code for each of the 6 colors, followed by what it means to honor each of them.

D☉M,☿	♃♄M,♅	♂☉♂♃♄♅	♀♃♄♅♆	♀♃♄♅♆	♃♄♅♆♇
2•7	4•7•9	1•3•8	1•3•5	4•6•8	3•5



- NO PEOPLE!** refill the well, nap, reflect, walk, do inner child work, eat comfort food, journal, get a massage, take a bath
- BACK TO BASICS!** declutter, fast, abstain; work on structure, systems, budgets, shoulds, lists; keep it simple; transform
- BE SEEN!** initiate, compete, work out hard, sing out, lead from the heart; get pierced or tattooed; do hot yoga; bask
- MULTITASK!** take meetings, talk it out, send out emails, do social media, livestream, shift gears, change it up, move fast
- MONEY, HONEY!** do housework, go on a date, collaborate, repair, host a dinner party, focus on love/beauty, magnetize
- GET LUCKY!** expansion, growth, magic, glee; take risks, make music, fantasize, dream, trust, play; go into the creative cave

The checkmark represents full-strength of that specific **Chart Harmony** color. The plus sign represents an increase in that color, but not enough to be a full-strength checkmark.

Chart Harmony Prompts

working inside-out

My fellow showbiz creatives know well that we have (at least) 2 ways of coming at our characters, as we take on the process of bringing them to life on stage or screen. One is “inside-out” and the other is “outside-in.”

Whether we’re creating character choices off decisions made in our minds or letting the costumes and accents drive the character choices, we have options when it comes to connecting with this creative process. The same is true when it comes to **Chart Harmony!**

If you know a bit about astrology and numerology, you may choose to approach your color connection process based off the conditions of your natal chart or the shifts your life is experiencing based on transits, progressions, and profections!

your Chart Ruler
your Sun's ruler
your Moon's ruler
your life path number
your least-advantaged natal planet
the natal planet least represented in rulership
a planet involved in a challenging transit
your current profected ruler
your current year's numerology
a planet you just want to get to know better



Take a moment to notice which planets, signs, or numerology signatures may have the most resonance with you right now. About which are you most curious? Using the **Chart Harmony** color guide on the previous page, where might you first focus your energy, working inside-out?

Chart Harmony Prompts

working outside-in

More commonly, folks come to me for help with a symptom, and part of my job is to determine which planet, which numerological signature, which combination of factors is creating that symptom... and then — whether we ever go deep into the cause or not — we begin soothing the symptom through **Chart Harmony** remedies and other enoughness tools. We pick a color!

Focusing first on the symptom and then on the remedy (with a bit of “we’ll *eventually* talk about the cause at some point” thrown in there) is one of the ways this work becomes most accessible. Whether it’s looking at a body part that’s in pain, finding the sign that rules that body part, and then doing a ritual to activate the color of that ruler or using one of the prompts below to create consistent connection with the associated planet via color, always remember that being messy WORKS with this! Keep it fun. Keep it light. Keep it *doable* so you keep doing it!

It's safe to be seen.
It's safe to grow.
It's safe to receive.

Home is safe but nowhere else is.
To burn bright is to destroy something we love.
We already have enough; we're being greedy.

To change is to...?

Don't overthink this! Even if “all you do” is notice the colors of each day, spend a moment connecting with one of those colors mindfully, and then move on, you will be creating cosmic relationships that improve your life in beautiful ways!

Simple Self-Color Process

If you'd like to see the most basic version of your natal chart (or any day in the past or future, since there's a "birthchart" for every moment in time) in lovely **Chart Harmony** colors, this is your 3-step process!

1

day of the week

Day of the week I was born on: _____

day of the week	born before sunrise	born after sunrise
Sunday	Saturn (black)	Sun (orange)
Monday	Sun (orange)	Moon (blue)
Tuesday	Moon (blue)	Mars (orange)
Wednesday	Mars (orange)	Mercury (pink)
Thursday	Mercury (pink)	Jupiter (purple)
Friday	Jupiter (purple)	Venus (green)
Saturday	Venus (green)	Saturn (black)

My day's color:



2

numerology of the day

My birthdate, added down to a single digit: _____

Bon's example: July 11th 1970 =
 $0 + 7 + 1 + 1 + 1 + 9 + 7 + 0 = 26$
 (still not a single digit, so...) $2 + 6 = 8$

- | | |
|----------------------------|--------------------|
| 1 = orange & pink | 5 = pink & purple |
| 2 = blue | 6 = green |
| 3 = orange, pink, & purple | 7 = blue & black |
| 4 = black & green | 8 = orange & green |
| | 9 = black |

My #'s color(s):



3

sign the Moon is in

Sign the Moon was in, the moment of my birth: _____

This is the backseat driver of your **Life-Car** (or use an app, Astro.com, or a good ol' Google to check).

- | | |
|----------------|--------------------------------|
| Aries = orange | Libra = pink & green |
| Taurus = green | Scorpio = blue, black, & green |
| Gemini = pink | Sagittarius = orange & purple |
| Cancer = blue | Capricorn = black |
| Leo = orange | Aquarius = pink |
| Virgo = black | Pisces = blue & purple |

My Moon's color(s):



When in doubt, support these colors! It'll create magic... with ease!

Chart Harmony Self-Help

AKA “Mad Libs”

This is your overview of the process I basically walk you through when we work together in mentorship or coaching. You bring me an issue that’s snagging you, I help you connect to the planetary remediation you’re craving (whether you know that’s what’s happening or not). I give you **Chart Harmony** homework. You do it. And you come back and tell me your life is forever changed and you can’t believe how easy it was! Let’s see how this goes when you do the DIY version. You’ll let me know, right?

1

notice
a need

This part is pretty straightforward. “My rage is out of control.” “I want to drink less but I can’t.” “What do I want to be when I grow up?” This is that whole outside-in thing. Notice you’ve got a need and decide you’re ready to give it the **Chart Harmony** treatment.

2

match it to
its color

You may intuitively pick up a color to go with your need. Yay! Roll with it! Use the definitions in the appendix of your **plan•it planner** for confirmation, if you’d like. There’s a planet, sign, and numerological vibe for everything. And there’s a **Chart Harmony** color too.

4

mindfully do
the ritual

“Ritual” simply means something done regularly and with intention. And “regularly” means something different for pink than for black. Match your energy to the color you’re hoping to connect with, through this work. Notice the subtle shifts in your chosen issue!

3

choose a
remedy

From here, decide what sort of remedy you’d like to play with. Oils, herbs, crystals, foods, drinks, workouts, activities, playlists, clothing to wear, altars to build... you may find certain colors have particular categories of remedies you prefer. Make your pick!

Chart Harmony Self-Help

AKA "Mad Libs"



Resist the urge to be a perfectionist about this. If it feels difficult at first, remind yourself that you're just *unpracticed* at this process (not *bad* at it). You'll notice as you play with this that it becomes easier... and more fun!

1 notice a need	2 match it to its color
<u>MY NEED:</u> _____ _____ _____	<u>LIKELY COLOR(S):</u> _____ _____ _____
4 mindfully do the ritual	3 choose a remedy
<u>MY PLAN:</u> _____ _____ _____	<u>REMEDY OPTIONS:</u> _____ _____ _____
<u>HOW IT FELT:</u> _____ _____ _____	

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