

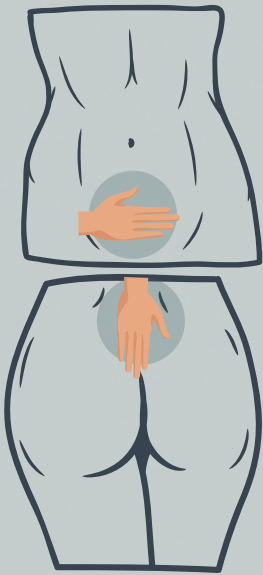
Embracing the Void

SEQUENCE CHART

BLACK SPRUCE

Dilution: 25-50%

Spinal Treatment (see 'Spinal Treatment' page) or the following



Cradling Womb and Sacrum

Upper Border Sacrum

Dispels Fear & Anxiety - Awakens Strength & Flexibility - Connects us to our Ancestors & our Collective Wisdom



JASMINE

Dilution: 15-25%

Point: Pericardium 7 -Great Mound

In the middle of the Palmar wrist crease, between the two tendons

Heart Protection - Calming - "Trust Point" - Source Point



FRANKINCENSE

Dilution: 25-50%

Point: Yin Tang - Seal Hall

Midline between eyebrows (third eye area)

Calm mind/spirit -Support Insight