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AROMA POINT REIKI
Certification Program

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*Integrative Aromatic Reiki Training for the 21st Century
with Angela Sidlo, Reiki Master/Aroma Point Therapist*



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Gain Strength in Who You Are

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Build Confidence in Your Offerings

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Grow & Develop Your Capacity to Share
What You Love

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DISCLAIMER: NONE of the content of this course is meant to substitute for competent professional medical care. If you or anyone you care about has a medical condition, please seek competent professional medical advice.

CLAIMER: ALL of the content of this course is meant to empower safe, easy & effective Reiki Self Care intents & in-person practices your Reiki Business. It is to be used as Complimentary Care helping us & our clients cope & grow through the physical, mental & emotional challenges we experience in this life. It should be used to promote Reiki Healing & Wellness.



What is Aroma Point Reiki?

This is a certification training program combining the subtle & gentle healing powers of Reiki with the potency & healing powers of Essential Oils with the specificity & energy directing power of Acupoints.

Reiki + Essential Oils + Acupoints = Ultimate Healing Potential!

We combine a selection of Essential Oils with a selection of Acupoints, forming them into an intentional application (sequence, protocol). These sequences address energetic imbalances in Body/Mind/Spirit, with the intention of supporting Body & Emotional Being, Restoring Balance, Promoting Healing & Spiritual Growth.

We focus 1st on Self Reiki, using the Essential Oils & Acupoints to tend to our personal needs in our daily self Reiki practice, to attend to our personal wellness & growth. From that base of personal experience, we share this integrative modality with friends, family & those in need. Grounded in Self Care & Sharing with others, this program teaches you to use these Tools & Techniques as part of your Reiki Practice, as part of your economic prosperity and as part of your Teachings & Offerings.



How is the program structured?

There are a series of three Live ZOOM trainings on the 3rd Saturday of each Month

Month 1 - Focus on the Chakra system as a baseline for balance. You'll learn to create protocols for working with the chakras. Self-care will be highlighted.

Month 2 - The theme will incorporate an assessment designed to use when working with Reiki clients. You'll learn protocols to work with the emotional body to enhance your Reiki practice. We will cover acupoint location and specific essential oil information.

Month 3 - We'll cover aspects of using APR for distant Reiki sessions. There will be time spent on business building strategies and branding materials for your practice.

Month 4 OFFICE HOURS - Check in to see how you are doing & answer questions.

The course portal will have new materials uploaded each week for you to explore and download. Materials will include recordings, charts, worksheets and videos.

If you are seeking certification in this course there will be an exam at the end of the coursework and you must present 4 case studies to be evaluated. With an 80% or above proficiency you will receive a course certificate to display in your practice.



Oils we will cover in the course

Bergamot 25-50%, Cedarwood 50%, Helichrysum 15%, Mandarin 25%, Patchouli 50%,
Saro 50%, Neroli 15%, Black Spruce 50%, Frankincense 50%, Jasmine sambac 15%,
Marjoram 50%, Clary Sage 50%, Rose 10%, Sweet Orange 25%, Coriander Seed 50%,
Nutmeg 30%, Blue Tansy 15%, Roman Chamomile 10%, Rosemary 50%,
May Chang 15%, Laurel 50%, Vetiver 30%, Jasmine grandiflorum 15%,
Peppermint 50%, Silver Fir 50%, Cardamon 30%, Palmarosa 50%, Sandalwood 15%,
Cypress 50%, Geranium 50%, Lavender 50%