# Thor's Mnemonics - CISSP<sup>®</sup> and CISM<sup>®</sup>

ISC2 Ethics: PAPA = Protect, Act, Provide, Advance.
CIA: Confidentiality, Integrity, Availability (opposite of DAD).
Due Diligence: Do Detect | Due Care: Do correct.
Security Labels: "U Should Count Six Tauntauns" = Unclassified,
Sensitive But Unclassified, Classified, Secret, Top Secret.
Defense in Depth: Layering, or Onion defense.





Security through obscurity: Data Hiding. RMF: "Crime Scene Investigators Always Act Modestly" = Categorize, Select, Implement, Assess, Authorize, Maintain.

**COBIT:** Has IT in it; IT governance.

## Quantitative Risk Analysis:

**ALE= SLE x ARO:** ArROw SLEd = ALE is beer, so "A Drunk guy shooting arrows on a sled".

SLE = AV x EF: (Mario saying): "I've got something up my sleav-ef".
ISO: "Raging Crackheads Risk Health" = Requirements, Code of practice, Risk Management, Health (ISO27001, 27002, 27005, 27799).

Security Models: Simple/R = read ; \*/W = write ; U = UP ; D = DOWN Bell LaPadula: Confidentiality – Simple N R U || \* N W D || Strong \* N R/W U/D.

Biba: Integrity – Simple N R D || \* N W U || Invocation N R/W U.

Access Control types: 2C - 3D - PR = corrective compensating, detective deterrent directive, preventative recovering.

Hashing: HA or MD in the name.

Asymmetric: DEREK-Q = Diffie, El Gamal, RSA, ECC, Knapsack, Quantum. Symmetric: 23BRAIDS = 2fish, 3DES, Blowfish, RC5, AES, IDEA, DES, Skipjack.



Ciphers: Stream = RC4 / Block - Everything else. Fire Extinguisher Classes: A (Ash) Combustible, B (Boil) Liquid, C (Current) Electrical, D (Dent) Metal, K (Kitchen) Oil/Fat. CPU Pipelining order: FDEW = Fetch, Decode, Execute, Write.

### OSI Model:

Physical, Datalink, Network, Transport, Session, Presentation, Application.

Layer 1-7: Please Do Not Throw Sausage Pizza Away.

Layer 7-1: All People Seem To Need Data Processing. TCP/IP Model:

NITA - Network access, Internet, Transport, Application.

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#### Threat Modeling:

**STRIDE:** Spoofing, Tampering, Repudiation, Information disclosure, DoS, Escalation of privilege.

DREAD: Damage, Reproducibility, Exploitability, Affected users, Discoverability.

4 Ds of Physical Security: Deter  $\rightarrow$  Deny  $\rightarrow$  Detect  $\rightarrow$  Delay.

### Evaluation Assurance Level (EAL):

FSMM-SSF: For Sure My Mother-So Sweet Forever.

Fun Stress Method Medical-Doctors Seem Somewhat Verifiably Foolish.

Functionally, Structurally, Methodically, Methodically Designed, Semi-formally,

Semi-formally Designed, Verified, Formally Verified.

#### Multi-Factor Authentication:

Something you know, something you have, something you are.

DHCP: DORA - Discover, Offer, Request, ACK.

Incident Response Forensics: PDRMR3L = Prepare, Detect, Response, Mitigate, Reporting, Recovery, Remediation, Lesson Learned.

**IDEAL:** Initiating, Diagnosing, Establishing, Acting, Learning.



**The Ring Model:** -**VM KODU** = -1 VM hosts, 0 Kernel, 1 Operating System, 2 Drivers, 3 User.

TCP Header Flags: URG ACK PSH RST SYN FIN = Unskilled Attackers Pester Real Security Folks

**Digital forensics model: I P**refer **C**offee Everytime Anyone Provides Donuts = Identification, Preservation, **C**ollection, Examination, Analysis, Presentation, **D**ecision.

Change Management Steps: RRA/RTID Request, Review, Approve or Reject, Test, Implement, Document.

The 7 steps of a cyber-attack: RSA ESA O = Reconnaissance, Scanning, Access and Escalation, Exfiltration, Sustainment, Assault, Obfuscation. BCP Steps: BCP policy  $\rightarrow$  BIA  $\rightarrow$  Identify preventive controls  $\rightarrow$  Develop recovery strategies  $\rightarrow$  Develop DRP  $\rightarrow$  DRP training/testing  $\rightarrow$  BCP/DRP maintenance



SW-CMM: I Ran Down My Ostrich = Initial, Repeatable, Defined, Managed, Optimized.

**SDLC1: IDIOD** - Don't be an **IDIOD** = Initiation, **D**esign, Implement, **O**perations, **D**isposal.

**SDLC2:** *"I Reckon All Dem Dere Taters' Really Delicious"* = Initiation, Requirements, Architecture, Design, Develop, Testing, Release, Disposal.

ACID: Atomic, Consistency, Isolation, Durability.





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